

**Buck**Nat<sup>®</sup> Special buckwheat with studies on diabetes and low GI

**Buck**Nat<sup>®</sup>

BuckNat<sup>®</sup> is an alternative carrier to maltodextrin, it's a gluten-free pseudo cereal (Fagopyrum esculentum).

BuckNat<sup>®</sup> is a nutrient-rich healthy food clinically tested for its low glycemic index. It's 100 % soluble powder obtained with our unique DEFS<sup>®</sup> technology system that doesn't use chemical solvents.

#### COMPOSITION

BuckNat<sup>®</sup> is made with buckwheat, a pseudo cereal with low-calories, rich in flavonoids, fatty acids, polysaccharides, amino acids, dietary fiber, resistant starch, vitamins of group B and minerals. Buckwheat proteins have unique amino acid composition with special biological activities of cholesterol-lowering effects and antihypertensition effects.

### PROPERTIES

- Low glycemic index carrier for your functional ingredients
- Suitable for the formulation of products for subjects with insulin resistance and diabetes
- Fulfills amino acids recommendation for daily adult intake showing no limiting amino acid
- Source of fiber
- Rich in vitamins of group B and flavonoids
- High polyphenolic content and antioxidant capacity
- Suitable for celiac
- Produced using our DEFS<sup>®</sup> technology system
- Totally allergen free
- May contribute to the development of novel gluten-free products like bread, cookies, or pasta



# **Buck**Nat<sup>®</sup>

# **O** USE

BuckNat<sup>®</sup> can be used both as a single ingredient and as a carrier in combination with other extracts to create the perfect nutraceutical or food product with a low glycemic index and suitable for celiac. Perfect for food supplements, hot and cold beverages, energy drinks, snacks, savory, bakery.

## TEST AND SCIENTIFIC EVIDENCE

The great quality of BuckNat<sup>®</sup> has been confirmed by in vitro pre-clinical studies by best Italian Universities: BuckNat<sup>®</sup> has a lower glycemic index compared to maltodextrin (GI 40 instead of 95) and after gastro-duodenal digestion it caused the release of 18% less glucose than maltodextrin.

The results of different studies conducted on the product show a significant reduction in insulin secretion of 77,8% by BuckNat<sup>®</sup> compared to maltodextrin.

Thanks to Nating DEFS<sup>®</sup> technology system, BuckNat<sup>®</sup> preserves macro and microelements and essential trace elements typical of this pseudo cereal (Buckwheat).

MALTODEXTRIN VS BUCKNAT<sup>®</sup>

BuckNat<sup>®</sup> nutritional values:

Carbohydrates: 1,56%

Fat: 0,29%

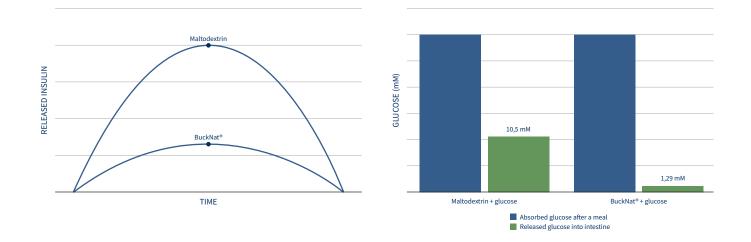
Protein: 3,11%

Fiber: **85**%

Minerals: -

Energy value (Kcal/100 g): 191,29

Energy value (Kj/100 g): 770



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