



**VALDOZA**

**PRODUCT LIST**

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## EYE HEALTH



| Product Code | Indication                                                                                    | Composition                                                                                                                                                                                                                                                                                                                             |
|--------------|-----------------------------------------------------------------------------------------------|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| EH-1         | Helps protect eye health by replenishing essential eye nutrients that you can lose as you age | Vit- C 150mg, Vit- E 30IU, Zinc 9mg, Copper 1mg, Omega-3 fatty acids (160mg EPA, 106mg DHA) 266 mg, Lutein 5mg, Zeaxanthin 1mg                                                                                                                                                                                                          |
| EH-2         | Original AREDS Formula                                                                        | Vit- C 226mg, Vit- E 200IU, Zinc 34.8mg, Copper 0.8mg, Lutein 5mg                                                                                                                                                                                                                                                                       |
| EH-3         | Supports healthy vision and eye function                                                      | Vit- A 1000IU, Vit- C 200mg, Vit- E 60IU, Zinc 40mg, Copper 2mg, Selenium 55mcg, Lutein 2mg                                                                                                                                                                                                                                             |
| EH-4         | AREDS                                                                                         | Vit- C 250mg, Vit- E200IU, Zinc (as zinc oxide) 40mg, Copper 1.0mg, Lutein (as Lutein 10 % oil) 5mg, Zeaxanthin (as Lutein 10 % oil) 1mg                                                                                                                                                                                                |
| EH-5         | AREDS                                                                                         | Vit- C 250mg, Vit- E 90mg, Zinc 40mg, Copper 1mg, Lutein 5mg and zeaxanthin 1mg                                                                                                                                                                                                                                                         |
| EH-6         | AREDS + Heart Health                                                                          | Vit- C 250mg, Vit- E 90mg, Zinc 40mg, Copper 1mg, Lutein 5mg, zeaxanthin 1mg and coenzyme Q10 50mg                                                                                                                                                                                                                                      |
| EH-7         | AREDS + MultiVitamin                                                                          | Vit- C 250mg, Vit- D 7.5mcg, Vit- E 90mg, Vit- K 15mcg, Thiamin 0.75mg, Riboflavin 0.85mg, Niacin 10mg, Vit- B6 1mg, Folate 333mcg DFE 200 mcg folic acid, Vit- B12 12.5mcg, Biotin 15mcg, Pantothenic acid 5mg, Iodine 75mcg, Magnesium 50mg, Zinc 40mg, Selenium 9.5mcg, Copper1mg, Manganese 1mg, Chromium 25mcg, Molybdenum 22.5mcg |
| EH-8         | AREDS + National Eye Institute tested formula                                                 | Vit- A 4296mcg, Vit- C 226mg, Vit- E 90mg, Zinc 34.8mg, Copper 0.8mg                                                                                                                                                                                                                                                                    |
| EH-9         | Blue light protection                                                                         | Vit- A 4296mcg, Vit- C 226mg, Vit- E 90mg, Zinc 34.8mg, Copper 0.8mg and Lutein 5mg                                                                                                                                                                                                                                                     |
| EH-10        | Comprehensive Eye Health Support Promote Healthy Retinal Tissues and Optimal Visual Function  | Vit- D3 30mcg, Vit- C 150mg, Vit- E 20mg, Zinc 9mg, Copper 1mg, Omega 3 fatty acids (160mg EPA, 90 DHA) 250mg, Lutein 5mg, Zeaxanthin 1mg                                                                                                                                                                                               |
| EH-11        | Helps eyes shield and filter blue light from digital devices                                  | Lutein 25mg, Zeaxanthin 5mg                                                                                                                                                                                                                                                                                                             |
| EH-12        | Advanced eye health support                                                                   | Vit- C 150mg, Vit- D 20mcg, Vit- E 20mg, Zinc 9mg, Copper 1mg, Total omega 3 250mg (EPA 160mg, DHA 90mg), Lutein 10mg, Zeaxanthin 2mg                                                                                                                                                                                                   |

## LIVER HEALTH



| Product Code | Indication                                                                    | Composition                                                                                                                                                                                                                                                           |
|--------------|-------------------------------------------------------------------------------|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| LH - 1       | In the management of NFALD                                                    | Essential Phospholipids 300mg, 500mg, 750mg                                                                                                                                                                                                                           |
| LH - 2       | Liver cleansing and detoxification                                            | Milk thistle seed extract (80% silymarin) 250mg, Choline dihydrogen citrate 50mg, Betaine anhydrous 250mg, Picrorhiza Kurroa extract 4% 100mg                                                                                                                         |
| LH - 3       | Supports liver function and stimulates protein synthesis in hepatic cells     | Milk thistle seed extract (80% silymarin) 250mg                                                                                                                                                                                                                       |
| LH - 4       | Liver cell health and metabolism                                              | Milk thistle seed extract (80% silymarin) 150mg, Artichoke extract 100mg, Turmeric extract 150mg, N-acetyl cysteine 100mg, Alpha lipoic acid 100mg, Luteolin 5mg                                                                                                      |
| LH - 5       | Promotes healthy liver function                                               | Milk Thistle Phospholipid Proprietary Blend 380 mg (Milk thistle extract (fruit) [providing 240 mg silymarin, 90 mg silybin, 24 mg isosilybin A and isosilybin B], phospholipids) SILIPHOS® phytosome milk thistle extract 80 mg (fruit) [providing 23.72 mg silybin] |
| LH - 6       | Liver cell regeneration and support. 10x bioavailability over regular silybin | PHOSPHOcomplex™ 360 mg, Silybin - not less than 30% - 108 mg, Phosphatidylcholine - not less than 60% - 216 mg                                                                                                                                                        |

## BRAIN HEALTH



| Product Code | Indication                                    | Composition                                                                                                                                                                                                                                     |
|--------------|-----------------------------------------------|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| BH-1         | Support Function of the brain                 | DHA Capsules 200mg                                                                                                                                                                                                                              |
| BH-2         | Memory Support                                | Ginkgo biloba Capsules 40 mg & 60mg                                                                                                                                                                                                             |
| BH-3         | Stress and anxiety relief                     | Gamma- Aminobutyric Acid Capsules - 250mg                                                                                                                                                                                                       |
| BH-4         | Focus and concentration                       | Baccopa Monneri capsules 500mg                                                                                                                                                                                                                  |
| BH-5         | Mental clarity, memory and cognitive wellness | Echinacea Purpurea extract dry (concentrate 45:1) 4000mg, Zinc (as Zinc sulphate monohydrate) 12mg, Ascorbic acid 250 mg, Salix Alba Bark dry 1200mg, Zingiber Officinale Rhizome dry 500mg, Garlic oil (3000:1 in 100% Purified Water) 0.833mg |

## BRAIN HEALTH



| Product Code | Indication                     | Composition                                       |
|--------------|--------------------------------|---------------------------------------------------|
| BH-6         | Mood and stress management     | Hypericum dry extract 190 mcg Capsules            |
| BH-7         | Mood balance and stress relief | Ashwagandha Extract 250.0 mg (Withania somnifera) |
| BH-8         | Focus and concentration        | Brahmi Extract 250.0 mg (Bacopa monneiri)         |

## GUT HEALTH



| Product Code | Indication                                                                                                                                                 | Composition                                                                                                                                                                                 |
|--------------|------------------------------------------------------------------------------------------------------------------------------------------------------------|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| GH-1         | Relieves occasional bloating and other GI discomfort                                                                                                       | Calcium (as dicalcium phosphate) 44 mg<br>Digest Blend of 356 mg, Providing 100 mg Artichoke extract (leaf), 20 mg ginger extract, Turmeric (rhizome) 42 mg, Bitter fennel oil (seed) 25 mg |
| GH-2         | Supports healthy digestive system, like nonserious constipation or diarrhea associated with irritable bowel syndrome (IBS), Stomach pain and bloating etc. | Peppermint oil BP 200 mg                                                                                                                                                                    |
| GH-3         | For the relief of pressure, bloating, and fullness commonly referred to as gas                                                                             | Simethicone 40mg, 80mg, 125mg, 180 mg, 250mg                                                                                                                                                |
| GH-4         | Healthy Digestion, Stomach relief, Reduces nausea, Hyper acidity and Gastritis                                                                             | Zingiber officinale (Ginger) Capsules 400 mg                                                                                                                                                |
| GH-5         | Digestive aid, Dyspepsia, Indigestion,                                                                                                                     | Liquorice Extract 760.0 mg (Glycyrrhiza glabra)                                                                                                                                             |
| GH-6         | Helps in digestion, Reduces bloating and flatulence                                                                                                        | Pudina ka Satva 190.0 mg                                                                                                                                                                    |

## HEART HEALTH



| <i>Product Code</i> | <i>Indication</i>                                                     | <i>Composition</i>                                                                 |
|---------------------|-----------------------------------------------------------------------|------------------------------------------------------------------------------------|
| HH-1                | Provides medium triglycerides for energy source                       | Virgin Coconut oil 1000mg ,Vit- E 0.2mg                                            |
| HH-2                | Free radical scavenger and cellular health                            | Resveratrol (50%) 100mg, 200mg                                                     |
| HH-3                | Immue support, Cholestrol and inflammation management                 | Black seed oil 498.5mg , Garlic oil 1.5mg                                          |
| HH-4                | Nitric oxide precursor                                                | L-Arginine Hydrochloride 1000mg                                                    |
| HH-5                | Heart health, blood pressure and cholestrol management                | Coenzyme Q10 50mg ,<br>Eicosapentanoic acid-300mg,<br>Docosahexanoic acid - 200 mg |
| HH-6                | Supports Heart function and cellular energy protection                | Coenzyme Q10 30mg, 50mg, 100 mg & 200mg                                            |
| HH-7                | Supports heart health and maintain healthy blood flow and circulation | Garlic oil 1mg, 2mg                                                                |

## MEN'S HEALTH



| <i>Product Code</i> | <i>Indication</i>                                                                    | <i>Composition</i>                                                                                                                                     |
|---------------------|--------------------------------------------------------------------------------------|--------------------------------------------------------------------------------------------------------------------------------------------------------|
| MH-1                | Strengthen the immune system, help fight off stress                                  | Korean Ginseng Extract (0.8% eleutherosides) 100mg                                                                                                     |
| MH-2                | Preconception - Men                                                                  | Ascorbic acid 100mg, Zinc 25mg, Vit- E 400 IU, Folic acid 500mcg, Lycopene 6mg, Garlic oil (equiv allium sativum bulb fresh1g) 333mcg, Selenium 26mcg. |
| MH-3                | Improve benign prostatic hyperplasia (BPH) , reduced symptoms of overactive bladder. | Saw palmetto oil 320mg, pumpkin seed oil 80mg                                                                                                          |

## WOMEN'S HEALTH



| Product Code | Indication                                                | Composition                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                               |
|--------------|-----------------------------------------------------------|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| WH-1         | Growth and functional development of the brain in infants | Vit- D3 10 mcg, Vit- E 4 mg, Vit- C 70 mg, Vit- B1 3 mg, Vit- B2 2 mg, Vit- B3 20 mg, Vit- B9 400 mcg, Vit- B12 6 mcg, Vit- B7 150 mcg, Pantothenic acid 6 mg, Vit- K3 70 mcg, Vit- B6 10 mg, Iron 17 mg, Magnesium 150 mg, Zinc 15 mg, Iodine 140 mcg, Copper 1 mg, Selenium 30 mcg, Natural mixed carotenoids 30% 2 mg                                                                                                                                                                                                                  |
| WH-2         | MultiVitamin for Women                                    | Starflower oil 100 mg, Refined Evening primrose oil BP 100 mg, Citrus bioflavonoids 10 mg, Natural mixed Carotenoids 30% 2 mg, Vit- E (dl alpha tocopheryl acetate) USP 30 mg, Vit- D3 5 mcg, Vit- C 60 mg, Vit- B1 10 mg, Vit- B2 5 mg, Vit- B3 36 mg, Vit- B9 400 mcg, Vit- B12 20 mcg, Vit- B7 50 mcg, Pantothenic acid 6 mg, Vit- B6 10 mg, Vit- K3 BP 90 mcg, Para amino benzoic acid 30 mg, Iron 12 mg, Magnesium 100 mg, Zinc 12 mg, Copper 1.5mg, Manganese 2.5 mg, Chromium 50 mcg, Selenium 100 mcg                             |
| WH-3         | Growth and functional development of the brain in infants | Fish oil rich in omega 3 acids BP 400 mg, Vit- D3 2.5 mcg, Vit- E USP 40 mg, Natural mixed Carotenoids 30% 2 mg, Garlic 100 mg, Lecithin USP 20 mg, Vit- C 30 mg, Vit- B1 5 mg, Vit- B2 0.8 mg, Vit- B9 250 mcg, Vit- B12 10 mcg, Vit- B6 5 mg, Zinc 5 mg, Copper 1 mg, Manganese 1.5 mg, Chromium 50 mcg, Selenium 80 mcg                                                                                                                                                                                                                |
| WH-4         | MultiVitamin for 50, Women                                | Vit- D3 10 mcg, Vit- E 25mg, Vit- C 60mg, Vit- B1 14mg, Vit- B2 4mg, Vit- B3 30mg, Vit- B6 10mg, Vit- B9 200 mcg, Vit- B12 5 mcg, Vit- B7 50mcg, Vit- B5 6mg, Magnesium 60mg, Iron 10mg, Zinc 15mg, Copper 1000 mcg, Manganese 0.5mg, Chromium 75mcg, Selenium 120mcg, Lutein Esters 15% 2mg, Green Tea extract 20mg, Phosphatidylcholine 35% 10mg, Ubidecarenone 2 mg, L-Carnitine 10mg, Alpha Lipoic acid 20mg, Citrus Bioflavonoid complex 10mg, Natural Mixed Carotenoids 30% 2 mg, Evening Primrose oil 100mg, Star flower oil 100mg |
| WH-5         | Growth and functional development of the brain in infants | Vit- C 40mg, Vit- B3 16mg, Vit- E 9mg, Pantothenic acid - 5mg, Vit- B6 - 2mg, Vit- B2 - 1.7mg, Vit- B11.4 mg, Vit- B9 100mcg, Vit- B7 30 mcg, Vit- D3 -10mcg, Vit- B12- 1 mcg, Magnesium- 62mg, Iron - 21mg, Zinc - 10mg, Manganese 3.5mg, Copper- 2mg, Selenium - 40mcg, Chromium - 33mcg, Resveratrol 50% - 10mg, Citrus Bioflavonoids -10mg, Lycopene (as 10% oil) - 5 mg, Natural mixed carotenoids 30% -2mg                                                                                                                          |
| WH-6         | Pre pregnancy - MultiVitamin                              | Vit- A 650mcg, Vit- C 85mg, Vit- D 15mcg, Vit- E 19mg, Thiamine 1.4mg, Riboflavin 1.6mg, Niacin 18mg, Vit- B6 2mg, Folate 1330mcg DFE (800mcg folic acid), Vit- B12 2.8mcg, Biotin 35mcg, Pantothenic acid 7mg, Calcium 150mg, Iron 27mg, Iodine 150mcg, Magnesium 40mg, Zinc 13mg, Copper 1.3mg, Omega 3 (from fish oil) 235mg (DHA 200mg, EPA 35mg)                                                                                                                                                                                     |
| WH-7         | Post Pregnancy - MultiVitamin                             | Vit- A 1080mcg, Vit- C 60mg, Vit- D 15mcg (600IU), Vit- E 6.7mg, Thiamine 1.4mg, Riboflavin 1.6mg, Niacin 17mg, Vit- B6 2mg, Folate 830mcg DFE (500 mcg folic acid) Vit-b12 2.8mcg, Biotin 35mcg, Pantothenic acid 7mg, Calcium 120mg, Iron 3mg, Iodine 225mcg, Zinc 10mg, Omega 3 215mg (DHA 180mg, EPA 35mg) Lutein 250mcg                                                                                                                                                                                                              |
| WH-8         | Preconception - Women                                     | Folic acid 800mcg, iron 60mg, Iodine 220mcg, Thiamine 1.4mg, Riboflavin 1.4mg, Nicotinamide 18mg, Pyridoxine 1.9mg, Cyanocobalamin 2.6mcg, Pantothenic acid 6mg, Biotin 30mcg, Ascorbic acid 85mg, Vit- D3 5mcg, Vit- E 18.7mg, Calcium 125mg, Zinc 11mg, Selenium 50mcg, Magnesium 100mg, Copper 1mg, Manganese 1.9mg                                                                                                                                                                                                                    |

## WOMEN'S HEALTH



| Product Code | Indication                                                                                 | Composition                                                                                                                                                                                                                                                                                                                                                                        |
|--------------|--------------------------------------------------------------------------------------------|------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| WH-9         | Treatment of iron deficiency anemia and anemia due to chronic kidney disease.              | Pyridoxine HCl 50mg SR & Folic acid 2.5mg                                                                                                                                                                                                                                                                                                                                          |
| WH-10        | Treating High blood levels of homocysteine                                                 | Folic acid Capsules 5 mg                                                                                                                                                                                                                                                                                                                                                           |
| WH-11        | Prevent low folate levels during Pregnancy                                                 | L-Methyl tetrafolate calcium tablets 7.5mg, 15mg                                                                                                                                                                                                                                                                                                                                   |
| WH-12        | Pregnancy associated Nausea and vomiting                                                   | Vit- B6 10mg, Ginger root 25mg                                                                                                                                                                                                                                                                                                                                                     |
| WH-13        | Growth and functional development of the brain in infants                                  | Omega-3 fish oil 600mg containing DHA 240mg & EPA 60mg, Iron 20mg, Folic acid 400mcg, Vit- B1 1.4 mg, Vit- B2 1.4 mg, Vit- B3 10mg, Vit- B6 1.9mg, Vit- B12 2.60 mcg, Vit- C 70mg, Vit- D3 5mcg, Vit- E 15 mg, Vit- H 30mcg, Copper 1mg, Iodine 140 mcg, Magnesium 90mg, Selenium 30mcg, Zinc 11mg, Chromium 10mcg, Molybdenum 30 mcg, Natural mixe carotenoids 30% dispersion 2mg |
| WH-14        | Essential fatty acids for parenteral nutrition                                             | Omega 3 fish oil containing, EPA -540mg & DHA -360mg                                                                                                                                                                                                                                                                                                                               |
| WH-15        | congestive heart failure and preventing migraines                                          | Ubidecarenone 100mg, Fish oil, Rich in Omega -3- Acids containing, EPA 90 mg &DHA 60 mg, Lycopene 10% 40 mg, Selenium 70 mcg                                                                                                                                                                                                                                                       |
| WH-16        | Pre- Menstrual Syndrome                                                                    | Evening primrose oil Capsules 1000 mg                                                                                                                                                                                                                                                                                                                                              |
| WH-17        | Pre- Menstrual Syndrome                                                                    | Evening primrose oil Capsules 1300 mg                                                                                                                                                                                                                                                                                                                                              |
| WH-18        | Produce red blood cells, anemia, pregnancy                                                 | Vit- A, C, D, E, B6, B12, Folic acid, Biotin, Calcium, Iodine, Zinc, Iron, Collagen                                                                                                                                                                                                                                                                                                |
| WH-19        | Helps in the formation of red blood cells and enhances the absorption of iron in the body. | L-Methylfolate Calcium 1 mg, Mecobalamin 1500 mcg, Pyridoxal 5'-Phosphate 0.5 mg                                                                                                                                                                                                                                                                                                   |
| WH-20        | Improving nerve functioning and preventing nerve damage                                    | Methylcobalamin 750mcg, Pregabalin 25mg, Folic acid BP 1.5mg, Pyridoxine Hydrochloride BP 3mg, Alpha Lipoic acid USP 100mg                                                                                                                                                                                                                                                         |
| WH-21        | Boosting memory and thinking skills, for helping infant and child development              | DHA 300mg and Folic Acid 200mcg Enteric Coated capsules                                                                                                                                                                                                                                                                                                                            |
| WH-22        | Pre- Menstrual Syndrome                                                                    | Evening Primrose oil 300mg and Vit- E acetate 200 IU                                                                                                                                                                                                                                                                                                                               |

## BONE HEALTH



| Product Code | Indication                                                       | Composition                                                                                                                                                                                                                                                                                                                              |
|--------------|------------------------------------------------------------------|------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| B&JH-1       | Bone Mineralization, Osteoporosis Prevention and Management      | Calcium Carbonate 687.5 mg, Calcium Citrate - 75 mg, Microcrystalline Hydroxyapatite Complex 40 mg Dibasic calcium phosphate 85 mg, Vit- D3 (Stabilized) 200 IU, Magnesium 40 mg, Manganese 1.80 mg, Zinc 7.50 mg, Copper -1.5 mg, Boron Anhydrous 250 mcg                                                                               |
| B&JH-2       | Cartilage and connective tissue support                          | Glucosamine Hydrochloride USP 495.00mg, Collagen Type II 40.00mg                                                                                                                                                                                                                                                                         |
| B&JH-3       | Bone Health                                                      | Calcium carbonate BP 500mg, Vit- D3 400IU, Vit- K2-7 45mcg, Magnesium 50mg                                                                                                                                                                                                                                                               |
| B&JH-4       | Bone Health and Hormonal balance                                 | Calcium carbonate BP 500mg, Vit- D3 400IU, Vit- K2-7 45mcg, Magnesium 50mg, Soyisoflavones 40% 50mg                                                                                                                                                                                                                                      |
| B&JH-5       | Joint Health                                                     | Undenaturated Type II Collagen - 40mg                                                                                                                                                                                                                                                                                                    |
| B&JH-6       | Joint and Bone Health                                            | Undenaturated Type II Collagen - 40mg, Calcium carbonate 500mg, Vit- D3- 400IU, Vit- K2-7 45mcg, Magnesium 50mg                                                                                                                                                                                                                          |
| B&JH-7       | Fast-acting joint and flex support                               | Calcium fructoborate capsule 108mg & 216mg                                                                                                                                                                                                                                                                                               |
| B&JH-8       | Joint Injury Prevention and cartilage health support             | Glucosamine 500mg & Chondroitin sulfate 400mg                                                                                                                                                                                                                                                                                            |
| B&JH-9       | Cartilage and connective tissue support, Bone health enhancement | Glucosamine Sulphate Potassium Chloride 500 mg, Chondroitin Sulphate Sodium 200 mg, Sodium Hyaluronate 3 mg, Cod Liver Oil BP 200 mg, Omega 3 fish oil providing EPA 60 mg DHA 40 mg, Vit- C 20 mg                                                                                                                                       |
| B&JH-10      | Joint injury prevention and cartilage support                    | Avocado and Soy unsaponifiable Capsules 300mg                                                                                                                                                                                                                                                                                            |
| B&JH-11      | Osteoarthritis Management and Joint Support                      | Glucosamine Sulfate Potassium Chloride 500 mg, Chondroitin Sulfate Sodium 200 mg, Sodium Hyaluronate 3 mg , Cod Liver Oil 200 mg , Fish Oil Rich in Omega 3 Acids 200 mg Contain EPA 60 mg & DHA 40 mg , Vit- C 20 mg, Vit- D3 0.75 mcg, Vit- E 1.80 mg, Vit- K 11.25 mcg, Calcium 20 mg, Magnesium 20 mg, Zinc 6 mg                     |
| B&JH-12      | Osteoarthritis Management and Joint Support                      | Glucosamine Sulfate Potassium Chloride USP 500 mg, Chondroitin Sulfate sodium USP 200 mg, Cod Liver oil BP 200 mg, Omega 3 fish oil 200 mg containing EPA 60mg & DHA 40 mg, Ascorbic Acid BP 20 mg, Colecalciferol BP 0.75 mg, Vit- E (dl Alpha tocopheryl acetate) 1.80 mg, Vit- K 11.25 mcg, Calcium 20 mg, Magnesium 20 mg, Zinc 4 mg |

## BONE HEALTH



| Product Code | Indication                                                                               | Composition                                                                                                                                   |
|--------------|------------------------------------------------------------------------------------------|-----------------------------------------------------------------------------------------------------------------------------------------------|
| B&JH-13      | Joint pain, inflammation, cartilage support                                              | Collagen 150mg, Glucosamine sulphate 500mg, Chondroitin Sulphate 100mg, Vit- C 33mg, Cissus Quadrangularis extract 15mg, Hyaluronic acid 50mg |
| B&JH-14      | Helps support joint health and flexibility, Helps support and maintain the body's joints | Chloride 172mg, Sodium 150mg, Potassium 180mg, Glucosamine Sulphate 1500mg, Chondroitin sulphate 1200mg, MSM 1000mg)                          |

## OMEGAS



| Product Code | Indication                                              | Composition                                                                                       |
|--------------|---------------------------------------------------------|---------------------------------------------------------------------------------------------------|
| OM-1         | Support Healthy Heart                                   | Docosahexanoic acid 200mg                                                                         |
| OM-2         | Support Healthy Heart                                   | Krill Oil 300, 500mg                                                                              |
| OM-3         | Heart health, blood pressure and cholesterol management | Fish oil, Rich in omega-3 acids Containing EPA 300 mg &DHA 200 mg, Ubidecarenone BP 100 mg        |
| OM-4         | Heart health, blood pressure and cholesterol management | Fish Oil, Rich In Omega-3-Acids BP containing EPA 460mg & DHA 380mg                               |
| OM-5         | Support Healthy Heart and cardiovascular support        | Fish Oil Rich in Omega-3-Acid containing + Ecosapentaenoic Acid 180mg, Docosahexaenoic Acid 120mg |
| OM-6         | Immue support, Cholesterol and inflammation management  | Black seed oil 498.5mg, Garlic oil 1.5mg                                                          |
| OM-7         | Heart health, blood pressure and cholesterol management | Coenzyme Q10 50mg, Eicosapentaenoic acid-300mg, Docosahexanoic acid - 200 mg                      |
| OM-8         | Support Healthy Heart                                   | Fish oil Capsules 1000mg (EPA 300 mg and DHA 200mg)                                               |
| OM-9         | Support Healthy Heart                                   | Fish oil Capsules 300mg, 600mg, 1000mg                                                            |
| OM-10        | Heart health, blood pressure and cholesterol management | Fish oil 1000 mg Capsules (EPA : 360 mg + DHA 240 mg)                                             |

## SINGLE VITAMIN



| Product Code | Indication                                                                        | Composition                                                                                     |
|--------------|-----------------------------------------------------------------------------------|-------------------------------------------------------------------------------------------------|
| SV-1         | Antioxidant defense in the brain and other organs and Healthy immune response     | Vit- E Capsules 400mg, 1000IU                                                                   |
| SV-2         | Healthy bones, teeth, Immune health<br>Calcium absorption                         | Vit- D3 400IU, 1000IU, 2000IU, 3200IU, 4000IU, 20000IU, 50000 IU                                |
| SV-3         | Supports Eye Health and Immune function                                           | Vit- A Capsules 8000 IU, 10000IU, 25000IU, 50000IU, 100000 IU and 200000 IU                     |
| SV-4         | Healthy bones, soft tissue and calcium metabolism, Muscle cramps and Heart health | Vit- k2 45mcg, 100 mcg (MenaQ7, Menaquinone, MK-7)                                              |
| SV-5         | Healthy fetal brain and spinal development                                        | Folate (from Quatrefolic) 400mcg DFE, 800 mcg                                                   |
| SV-6         | Immune Health and Anti oxidant                                                    | Liposomal Vit- C 250mg, 500mg, 1000mg                                                           |
| SV-7         | Full spectrum Vit- E, antioxidant and cardiac wellness                            | Tocotrienols -Tocopherol complex 330mg providing Vit- E 13.4mg and Total Mixed Tocotrienol 50mg |

## KIDNEY HEALTH



| Product Code | Indication                                | Composition                                                                                                                                                                                   |
|--------------|-------------------------------------------|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| KH-1         | Urolithiasis / Treatment of Kidney Stones | Pinene ( $\alpha$ , $\beta$ ) 31mg, Camphene 15mg, Cineol 3mg, Fenchone 4mg, Borneol 10mg, Anethol 4mg, Olive oil 33mg                                                                        |
| KH-2         | Preventing urinary tract infections       | Cranberry extract 500mg                                                                                                                                                                       |
| KH-3         | Boosts kidney health                      | Equiseti Herba dry extract 5:1 500mg, Folium Uvae ursi extract 5:1 500mg, Fructus petroselini extract 5:1 500 mg, Vitamin C 50 mg and Lingonberry (Vaccinium vitis-idaea) fruit extract 90 mg |

## ANTI AGING & LONGEVITY



| Product Code | Indication                                             | Composition                                                         |
|--------------|--------------------------------------------------------|---------------------------------------------------------------------|
| AA-1         | Antioxidant                                            | Astaxanthin 4mg, 8mg, 12mg                                          |
| AA-2         | Complete spectrum of Vit- E for Antioxidant Protection | Vit- E 30.15mg, Tocopherol/tocotrienol Complex 524mg                |
| AA-3         | Promote heart, brain and GI tract health               | Folate (L-5-methyltetrahydrofolate calcium) 680mcg, Vit- B12 300mcg |

## SLEEP HEALTH



| Product Code | Indication                                                                                | Composition                                                                                                                                    |
|--------------|-------------------------------------------------------------------------------------------|------------------------------------------------------------------------------------------------------------------------------------------------|
| SH-1         | Regulating sleep and the body's daily rhythmic cycle                                      | Melatonin 2 mg, 3mg, 5mg and 10mg                                                                                                              |
| SH-2         | Regulating sleep and the body's daily rhythmic cycle                                      | Melatonin 3mg, Blend of Ashwagandha, Chamomile flower extract, Lemon balm leaf extract, valerian root extract, lavender flower extract - 115mg |
| SH-3         | DeStress and Sleep                                                                        | Ashwagandha extract (root & leaf) 120mg, Melatonin 1mg                                                                                         |
| SH-4         | Relax, Destress and Sleep                                                                 | Ashwagandha extract (root & leaf) 120mg, Theanine 100mg                                                                                        |
| SH-5         | Promote Restful Sleep and Healthy Sleep Patterns, Improved absorption and bioavailability | Liposomal Melatonin 3mg, 5mg                                                                                                                   |

## SPORTS NUTRITION



| Product Code | Indication         | Composition                                                                                                                                          |
|--------------|--------------------|------------------------------------------------------------------------------------------------------------------------------------------------------|
| SN-1         | Electrolyte Sports | Vitamin C 200mg, Magnesium 1875mg, Calcium 200mg, Chlorine 200mg, Manganese 0.5mg, Potassium 300mg, Sodium 600mg, Collagen 15mg, Coenzyme Q10 400mcg |

## HERBS & SUPER FOODS



| <i>Product Code</i> | <i>Indication</i>                                                                                                            | <i>Composition</i>                                                                         |
|---------------------|------------------------------------------------------------------------------------------------------------------------------|--------------------------------------------------------------------------------------------|
| HSF-1               | Used for heart disease, high blood pressure, high levels of cholesterol or other fats (lipids) in the blood (hyperlipidemia) | Flaxseed (Alsi) Oil (Linum usitatissimum) AB 1000 mg                                       |
| HSF-2               | To relieve symptoms of indigestion                                                                                           | Liquorice Extract 760.0 mg (Glycyrrhiza glabra)                                            |
| HSF-3               | Joint Support for Mobility and Flexibility, Promotes Tissue Preservation                                                     | Shallaki Extract 125.0 mg (Boswellia serrata)                                              |
| HSF-4               | Helps in digestion                                                                                                           | Pudina ka Satva 190.0 mg                                                                   |
| HSF-5               | Treats acne                                                                                                                  | Neem Extract 250.0 mg (Azadiarchta indica)                                                 |
| HSF-6               | Cold & flu                                                                                                                   | Dry ivy leaf extract syrup(Herbal)                                                         |
| HSF-7               | Supports Digestive Health                                                                                                    | Aloe Vera Extract (200:1) 25mg                                                             |
| HSF-8               | Strengthen the immune system,help fight off stress                                                                           | Korean Ginseng Extract (0.8% eleutherosides) 100mg                                         |
| HSF-9               | Acute and chronic bronchitis and inflammation of paranasal sinuses                                                           | Eucalyptus oil 198.00 mg ,Sweet orange oil 96.00 mg, Myrtle oil 3.00 mg ,Lemon oil 3.00 mg |
| HSF-10              | Improve prostate health, reduce inflammation, prevent hair loss, and enhance urinary tract function.                         | Saw Palmetto Capsules 160mg                                                                |
| HSF-11              | Improve prostate health, reduce inflammation, prevent hair loss, and enhance urinary tract function.                         | Saw Palmetto Capsules 320mg                                                                |
| HSF-12              | Relieves Stress and Anxiety                                                                                                  | Ashwagandha 600mg                                                                          |
| HSF-13              | Arterial health support and Healthy cholesterol                                                                              | Theaflavin tea extract Capsules 395 mg                                                     |
| HSF-14              | Improve benign prostatic hyperplasia (BPH) ,reduced symptoms of overactive bladder.                                          | Saw palmetto oil 320mg, pumpkin seed oil 80mg                                              |

## HERBS & SUPER FOODS



| Product Code | Indication                                             | Composition                                       |
|--------------|--------------------------------------------------------|---------------------------------------------------|
| HSF-15       | For sexual weakness and general weakness               | Ashwafera, Ashfera                                |
| HSF-16       | Supports Digestive Health                              | Aloe Vera Extract 100.0 mg (Aloe barbadensis)     |
| HSF-17       | May Block Fat Production and Reduce Belly Fat.         | Kokum Fruit (Garcinia cambogia) 500.0 mg          |
| HSF-18       | Helps in controlling mood, memory, stress and anxiety, | Ashwagandha Extract 250.0 mg (Withania somnifera) |
| HSF-19       | Helps in memory loss and stress-induced anxiety.       | Brahmi Extract 250.0 mg (Bacopa monneiri)         |

## SKIN, HAIR AND NAIL HEALTH



| Product Code | Indication                             | Composition                           |
|--------------|----------------------------------------|---------------------------------------|
| SNH-1        | Improves hydration and skin elasticity | Evening primrose oil Capsules 500 mg  |
| SNH-2        | Improves hydration and skin elasticity | Evening primrose oil Capsules 1000 mg |
| SNH-3        | Supports healthy skin and hair         | D-Biotin 10000 mcg                    |



## General Enquiries :



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