

EFFERVESCENT TABLETS

Product Code	Indication	Composition
Kids Health	MultiVit-Kids	Vit- A(RE) 270 μg , Vit- D3 2.3 μg , Vit- E(a-TE) 6.7 mg , Vit- B1 1.25 mg , Vit- B2 2 mg , Vit- B6 1.2 mg , Vit- B12 0.50 μg , Vit- B9 200μg , Vit- B5 9mg , Vit- B3 14.50 mg , Vit- H 70 μg , Vit- C 60 mg , calcium 200 mg
Kids Health	Kids Electrolyte	sodium 180 mg , potassium 77 mg , chloride 122.87 mg , magnesium 20 mg , calcium 12.5 mg , Vit- C 37.5 mg , Vit- B 12 2.4 mg, Vit- D3 100 I.U
Kids Health	Immunity	Amla extract 300 mg , curcuminoids 65 mg, ginger extract 10mg , zinc mg , glutamine 250 mg
Kids Health	Immunity	Manuka honey 2 mg , propolis dry extract 10 mg , Vit- C 80 mg , rose hip extract 6.9 mg
Men's Health	Fertility Enhancer, Sperm Health and Quality	Selenium 30mcg , Quatre folic 300mcg , Iron 19mg , Vit- D3 600IU
Men's Health	MultiVitamin - Adults	Vit- A 800mcg, Vit- B 1 1.1 mg, Vit- B 2 1.4 mg, Vit- B6 1.4 mg, Vit- B 12 2.5mcg, Vit- C 80 mg, Vit- D 5 μ g, Vit- E 12 mg, pantothenic acid 6 mg, biotin 50mcg, folic acid 200mcg niacin 16 mg, Vit- K 24 μ g, calcium 120 mg, magnesium 80 mg, iron 14 mg, copper 1 mg, iodine 150mcg, manganese 2mg, selenium 50mcg, molybdenum 50mcg, zinc 10 mg, Coenzyme Q10 4.5 mg
Men's Health	MultiVitamin Adult 50	Vit- A 400 mcg, Vit- D3 5 mcg, Vit- E 15 mg, Vit- B1 1 mg Vit- B2 2.4 mg, Vit- B6 3 mg, Vit- B12 1.5 mcg, Niacin 18 mg, Pantothenic acid 6 mg, Folic acid 300 mcg, Biotin 75 mcg, Vit- C 90 mg, Calcium 160 mg, Magnesium 120 mg, Iron 5.6 mg, Iodine 60 mcg, Zinc 6 mg, Chromium 50 mcg, Copper 1000 mcg, Manganese 1.4 mg, Molybdenum 60 mcg, Selenium 28 mcg, Ginseng extract 50 mg
Kidney Health	Helps to reduce uric acid, prevent gout and kidney stones	Stone care (potassium citrate Monohydrate 2.17 gm , potassium hydrogen carbonate 2 gm ,Anhydrous citric Acid 2.057 gm
Brain Health	Mental Alertness, energy and focus	Vit- B1 11.8mg, Vit- B2 15 mg, Vit- B3 (Niacin) 50 mg NE, Vit- B5 (Pantothenic Acid) 23 mg, Vit- B6 8.22 mg, Vit- B7 (Biotin) 150 μg, Vit- B9 (Folic acid) 400 μg, Vit- B12 10 μg, Vit- C 500 mg, Magnesium 100 mg, Zinc 10 mg, Calcium 100 mg, NE = Niacin Equivalent
Brain Health	Mental Alertness, energy and focus	Vit- B1 1.4 mg, Vit- B2 1.6 mg, Vit- B3 18 mg, Vit- B5 6 mg, Vit- B6 2 mg, Vit- B12 1 mcg, Vit- C 60 mg, Vit- H 50 mcg, Folic acid 200 mcg, Magnesium 100 mg, Zinc 9.5 mg, Calcium 100 mg, Paullinia cupana (Guarana) seed fresh extract 40mg from fresh seed 17.78 mg, Caffeine 75 mg
Skin,Nail,Hair	Skin, Hair and Nail Health	Hydrolysed Collagen (Marine) 500 mg, Ascorbic Acid (Vit- C) 100 mg, Biotin (Vit- B7) 8 microgram
Herbs & SuperFoods	Treating the symptoms of chronic bronchitis	Ivy leaf extract 50 mg



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Bone Health	Bone Mineralization	Calcium Carbonate, Vit- D3 - 625mg, 125 IU, 625mg, 200 IU & 1250mg, 200 IU
Bone Health	Joint Health	Glucosamine Sulfate 300mg, Chondroitin Sulphate 200mg, Vit- C 60mg, Magnesium 25mg, Ginger Extract 10mg
Bone Health	Joint Health	Glucosamine Hydrochloride 500mg, Chondroitin Sulfate 400mg, Methyl Sulfonyl Mehtane (MSM) 200mg
Immune Health	Immune support	Vit- C - 180mg, 500mg, 1000mg
lmmune Health	Cold and flu prevention and Immune Support	Vit- C 1000mg, Zinc 10mg
Immune Health	Cold and flu prevention and Immune Support	Black Elderberry Juice (as extract) 150mg , Vit- C 60mg, Zinc 7.5mg
lmmune Health	Immune support	Vit- C 1000mg , Thiamin 0.38mg , Riboflavin 0.43mg , Niacin 4mg , Vit- B6 10mg , Folic acid 100µg , Vit- B12 25µg , Pantothenic acid 2.5mg , Calcium 50mg , Phosphorus 38mg , Magnesium 60mg , Zinc 2mg , Manganese 0.5mg , Chromium 10 µg, Sodium 65mg , Potassium 200mg
Immune Health	Immune support	Vit- C 250mg , Iron 50mg
lmmune Health	Immune support and anti oxidant	Vit- C 1000 mg, Vit- D 400IU, Zinc 10mg
lmmune Health	Immune Support	Vit- C 1000 mg, Vit- D 300 IU, Vit- B6 15 mg, Calcium 250 mg
lmmune Health	Immune Support	Vit- C 1000 mg, Vit- A 2333 IU, Vit- D 400 IU, Vit- E 45 mg, Vit- B6 6.5 mg, Vit- B12 9.6 mcg, Folic acid 400 mcg, Zinc 10 mg, Iron 5 mg, Copper 900 mcg, Selenium 110 mcg
Gut Health	For the relief of heartburn acid indigestion	Anhydrous citric acid 1000mg, Sodium bicarbonate 1940mg
Gut Health	Digestive aid, Support for High-Fat Meals	Papain 60mg, Alpha amylase 20mg, simethecone 25mg, (Orange,pineapple, raspberry)
Gut Health	To treat and prevent ulcers in the intestines.	Sucralfate 1000 mg



GUMMIES

Product Code	Indication	Composition
lmmune Health	Improving iron absorption, boosting immunity and reducing heart disease and dementia risk.	Vitamin C 60mg Gummies
lmmune Health	Supports both immune system and antioxidant health.	Vitamin C 60mg with Zinc 48.5 mg
lmmune Health	Antioxidants that help protect the body from oxidative stress and support the immune system.	Turmeric 50mg and Ginger 25mg
lmmune Health	Potent antioxidant and supports the growth, development and repair of all body tissues.	Vitamin C 60mg and Echiacea 10mg
lmmune Health	Enhances immune function and provides antioxidant support for optimal health.	Vitamin A 200mcg, Vitamin C 20mg, Vitamin B6 2mg, Folic Acid 220mcg, Zinc Sodium 3mg, Organic Echinacea 10mg and Organic Amla Fruit Extract 500mg
lmmune Health	Enhances immune function and provides antioxidant support for optimal health.	Vitamin C 60mg, Vitamin D 200IU and Zinc 12mg
Bone Health	It works by building cartilage (soft connective tissue around the joints) leading to joint repair. It also lowers pain and inflammation (swelling).	Glucosamine Sulphate Potasium Chloride 1250mg, Chondroitine Sulphate 200mg
Bone Health	It may be used to treat conditions caused by low calcium levels such as bone loss (osteoporosis), weak bones (osteomalacia/rickets), decreased activity of the parathyroid gland (hypoparathyroidism), and a certain muscle disease (latent tetany).	Calcium 100 mg and vitamin D3 600IU
Bone health	Helps to maintain bone health, immune function, aids in calcium absorption and promotes overall skeletal wellness.	Cholecalciferol (Vitamin D3) 600IU
Mental Health	Relieve anxiety,reduce stress, and improve sleep	Amla extract 100mg and Ashwagandha extract 50mg
Mental Health	Assists in cognitive function and overall mental well-being. Promotes relaxation, enhances memory, and provides antioxidant benefits.	DHA10% 50mg, Aloe vera leaf extract 40mg, Brahmi extract 50mg,Shankhpushpi 50mg and Ashwagandha 50mg
Sleep Health	Insomnia and improving sleep in different conditions, such as jet lag	Melatonin 5mg, 10mg
Sleep Health	Effective at providing sleep support and stress and anxiety relief.	Brahmi 50mg and Shankhpushpi 50mg
Women's Health	Treating folate deficiency, Preventing birth defects and pregnancy complications	Folic Acid 0.3mg
Women's Health	To help make red blood cells and to help iron work better in the body.	Vitamin B12 1.4 mcg and Folic acid 300 mcg
Women's Health	Aids in preventing iron deficiency and promoting healthy blood function.	Iron 10mg and Folic Acid 0.3mg





Product Code	Indication	Composition
Women's Health	Stimulates energy production and red blood cell formation,aiding in preventing deficiency and promotes overall hematological health.	Vitamin B12 2.5mcg and Folic Acid 5mg
Skin Health	Essential for individuals with insufficient dietary intake to prevent or treat vitamin C deficiency,promote skin health and treat common skin conditions like acne	Ascorbic Acid 60mg and Zinc sulphte12mg
Skin,Nail, Hair	Supports overall health with ingredients that promote healthy hair, skin, and nails, while boosting immunity and providing antioxidant protection.	Biotin 0.04mg, Vitamin A 375mcg Vitamin D 2.5mcg Vitamin E 5mg Vitamin C 24mg and Zinc 2mg
Skin,Nail, Hair	Supports immune health, providing antioxidant protection, boosting vitality and enhancing skin health.	Vitamin C 50mg, Zinc 5mg, Honey 235mg, Aloe Vera extract 20mg and Amla extract20 mg
Skin,Nail, Hair	Promotes hair and skin health, supports hair strength, skin hydration, and provides antioxidant protection.	Nettele leaf Extract 50mg, Amla Extract 500mg, Vitamin E 15mg and Biotin 0.030mcg
Skin,Nail, Hair	Promotes skin hydration, antioxidant protection, and overall health,boosting skin elasticity,and cellular health.	Hyluronic Acid 10mg, Vitamin C 25mg, Vitamin E 10mg, Curcumin I0mg, Glutathion 10mg, Vitamin A 0.3mg, Vitamin D3 0.01mg and Vitamin K1 0.0275mg
Gut Health	To help with weight management, improved gut health, and weight loss!	Apple Cider Vinegar 500mg
Eye Health	Supports eye health and protect against oxidative stress and promote retinal function.	Astazenthine 10mg, Zeaxanthin 35mg, Luteine 20mg and Vitamin A Palmitate 2500 IU
Eye Health	Indicated for supporting eye health and vision, protect against oxidative stress and enhances visual function.	DHA 10% 50mg, Luteine 10% 2mg, Zeaxanthine 10% 4mg and Vitamin A (Retinyl palmitate) 0.25mcg
Heart Health	Enhances cardiovascular health and providing essential fatty acids, contributing to overall wellness.	Fish Oil 10mg and Cod liver oil 10mg
Heart Health	Supports cardiovascular health and cognitive function, promotes heart health and provides essential omega-3 fatty acids for overall wellness.	Fish Oil 100mg, DHA 60mg and EPA 90mg
Overall well being	Indicated for supporting eye health, immune function provides antioxidant support and promotes cardiovascular health.	Vitamin A (Retinyl palmitate) 0.375mcg, Vitamin C (Ascorbic acid) 24mg, Vitamin D (Ergocalciferol) 0.0025IU, Vitamin E 5mg and Omega 3 fatty acid 281mg
Overall well being	Supporting immune health and providing antioxidant protection and helps bolster the body's defenses.	Omega Fatty Acid Blend 281mg, Vitamin C (Ascorbic Acid) 100mg and Eschenesia extract 12.5mg
Overall well being	Boosts energy metabolism and supporting overall health while enhancing energy production and provides antioxidant support.	Vitamin B1 Thiamine 2mg, Vitamin B2 Riboflavin 3mg, Vitamin B3 Niacinamide 12mg, Vitamin B12 Cyanocobalamin 0.002mg and Vitamin E 8mg
Overall well being	Promotes energy metabolism and enhances energy production and provides antioxidant support.	Essential Fatty Acid Alpha Linoleic Acid (Omega 3) 130mg Linoleic Acid (Omega 6) 65mg and Oleic Acid (Omega 9) 30mg