



## Consumers perk up their day with a crunchy biscotti! Baked with Palatinose™ for that special boost.

Nowadays healthy eating is in the spotlight for consumers worldwide. The main concern when it comes to health is staying fit and active in their hectic life. And how better to re-energise than with an afternoon bite? That's right, snacking is still a thing and sugar plays its part in it. About 36% of Asians grab some type of cookie as a go-to snack in the afternoon. But with every sugar high, comes a low. BENEEO offers a better alternative with Palatinose™, a valuable ingredient for the bakery segment that releases its carbohydrate energy in a more sustained way, extending that power curve!

For 6 in 10 consumers globally, health is the priority when selecting indulgent products. Most of them are well aware of the benefits that steady blood glucose levels have on health and look for ingredients that help maintain these levels balanced.

Almost half of the consumers worldwide have trouble maintaining their energy level throughout the day. Both mental and physical energy are top of mind while searching for an ideal snack solution. Of course, in an ideal case, in combination with a flavourful and indulgent taste.



55% of global consumers expect snacks to offer a **nutritional boost**.



75% of consumers believe **plant-based alternatives are healthier** than artificial ones.

**beneo**  
connecting nutrition and health

## Energy biscotti: the Italian boost for foodies.

A crispy biscotti that helps ensure an uplifting afternoon tea moment? These extra crispy twice-baked cookies are formulated with Palatinose™ and chicory root fibre to provide bite after bite of energy while supporting digestive health.

Palatinose™ is a smart carbohydrate, providing full carbohydrate energy in a more balanced way thanks to its low-glycaemic profile, giving more sustained energy. By replacing a portion of the sugar with this ingredient, consumers get great taste and crunch but with glycaemic response index and sustained energy benefits.

Orafti® Inulin is sourced from chicory root fibre, a natural ingredient that brings fibre enrichment in this recipe.

A double win in this delicious thinly sliced biscotti. Let consumers power through the day in a guilt-free way.

Fig. 1: Inspiring recipe for energy biscotti with Palatinose™ and Orafti® Inulin.

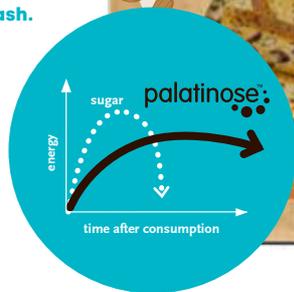
Ingredients (%w/w)	Energy cookie
Wheat flour	38
Egg	25
Palatinose™	15
Dried pistachio, dried cranberries & dried pumpkin seed	12
Sugar	5
Orafti® Inulin	4
Minor ingredients (e.g. orange zest, baking powder, salt, vanilla flavour)	q.s.

## YOUR PERFECT NATURAL ENERGISER

PERK UP YOUR DAY WITH THE DELIGHTFUL CRUNCH OF BISCOTTI BAKES.

A great take on the classic with the add in of Palatinose™, a low glycaemic sugar that gives you energy bite after bite and safeguards you from a sugar crash.

And with feel-good fibre from chicory roots to naturally nurture your inner wellbeing.



BAKED TWICE AND FILLED WITH CRANBERRIES, PISTACHIOS AND PUMPKIN SEEDS FOR POPS OF FLAVOUR AND TEXTURE.

Enjoy plant power with this recipe containing isomaltulose (Palatinose™), the good sugar sourced from beets and naturally occurring in honey.



The BENE0-Technology Center develops a wide variation of recipes with boosting benefits in bakery products such as biscuits, bread, cakes... Our experts are keen to share their insights upon request.

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