

CISTOMAR FORTE



5  x 25ml

★ NEW PRODUCT

 SUITABLE FOR VEGANS

INTEGRAL WELLNESS OF THE URINARY TRACT

FORMULATED WITH D-MANNOSE, CENTINODIA AND CRANBERRY. CENTINODIA HELPS TO IMPROVE URINARY TRACT WELLBEING



URINARY TRACT



MODULATES THE IMMUNE SYSTEM



PROVIDES 140 mg PAC BL-DMAC / DOSE

MARNYS® Cistomar Forte, formulated with D-Mannose, Centinodia and Cranberry, provides an efficient way to improve urinary tract wellness in adults. With a high concentration of PACs (140 mg).

MARNYS® Cistomar Forte and the properties of its ingredients favour the urinary tract, due to:

- **Centinodia** (*Polygonum aviculare*) facilitates urinary tract diuresis, helps eliminate pathogenic bacteria from the urinary tract, reduces bacterial attachment to the walls of the urinary tract and improves the well-being of the urinary tract (EFSA ON HOLD 4462). The EMA monographs also confirm its benefits in the care of the urinary tract.

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- **Proanthocyanidins (PAC)** are flavonoids found in high concentrations in cranberries, which act as an anti-adherent film on epithelia and are particularly useful in the urinary tract. The PACs in MARNYS® Cistomar Forte is measured by the BL-DMAC method, which is the most widely used method for its assessment.
- **D-Mannose** is a kind of monosaccharide found in human metabolism and excreted in the urinary tract, where it is effective. D-Mannose shares properties with the American Cranberry.
- **Rosemary Concentrate**, which contains 30% Ursolic acid, shows interesting complementary actions with both PACs and vitamin C.
- The combination of **vitamins C and E** have antioxidant effects, while vitamin A contributes to the maintenance of mucosal tissues (i.e. urinary tract). Zinc contributes to normal immune function.

MARNYS® Cistomar Forte is useful for the overall wellbeing of the urinary tract in both women and adult men, due to the benefits of Centinodia, D-Mannose and American Cranberry.

MARNYS® Cistomar Forte is suitable for vegans.

Its convenient single-dose drinkable format makes it perfect for easy, quick and safe intake.

HOW TO USE?

1 vial a day . Shake well before use.

ACTIVE INGREDIENTS	PER VIAL	%NRV
D-Mannose		••
Cranberry Powder Concentrate ¹	2000 mg	••
Zinc (from zinc gluconate)	280 mg	110
Vitamin C	11 mg	100
Prostate knotweed powder concentrate ²	80 mg	••
Rosemary powder concentrate ³	60 mg	••
Vitamin E	26.6 mg	100
Vitamin A	12 mg	100
	800 µg	

¹Provides 140 mg PACs per vial.

²Equivalent to 600 mg of fresh plant.

³Provides 8 mg of ursolic acid per vial.

%NRV (nutrient reference value)

TO KNOW MORE

➤ What is Centinodia?

It is an annual herbaceous plant with small elliptical lanceolate leaves, containing flavonoids (avicularin, kaempferol, quercetin and myrrhetin) and gallic acid as its main components.

Its diuresis properties as well as its urinary “cleansing” properties have made it widely used in Asia for hundreds of years.

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► What are PACs and the BL-DMAC method?

Proanthocyanidins (PACs) are flavonoids found in high concentrations in American Cranberries (*Vaccinium macrocarpon*). Scientific evidence has shown that PACs provide an anti-adhesive film on epithelia, which is useful for the urinary tract, especially the bladder.

According to studies published in prestigious scientific journals, the concentration of PACs in the American cranberry (*Vaccinium macrocarpon*) should be analysed according to the BL-DMAC method. BL-DMAC is a standardised and specific colorimetric method for the quantification of the total concentration of PACs in Cranberries and is the most widely recognised method for their assessment. The PACs in MARNYS® Cistomar Forte are measured according to this BL-DMAC method and reach a content of 140 mg.

SINGLE- DOSE VIAL: COMFORTABLE, SAFE, EFFECTIVE



✓ **DRINKABLE FORMAT DRINKABLE FORMAT**

✓ **MAXIMUM SAFETY AND PRESERVATION OF ACTIVE INGREDIENTS**

✓ **EASY AND COMFORTABLE INTAKE WITHOUT WATER**

✓ **EASY AND CONVENIENT DOSAGE**

✓ **PLEASANT FLAVOUR**

✓ **CONVENIENT AND SAFE FORMAT TO TAKE AWAY**

✓ **FAST ABSORPTION AND HIGH BIOAVAILABILITY**