



FAST TRACK  
TO QUALITY

# PRODUCT LIST



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Capsules

5 - 11



Liquids

12 - 17



Tablets

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Sticks

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Brands

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1Q Shop

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**White label:** on stock

**Proofed formulation:** ready-to-market, produced when ordered

# Our promise - Your advantage

## A strong group

We develop and produce food supplements, pharmaceutical and cosmetic products that guarantee the highest quality, safety and stability. Our manufacturing network stands for supply reliability and flexibility. You will profit from a wide variety of technologies and expertise for a broad range of dosage forms (tablets, capsules, liquids, powders) within our group. We stand for consistent transfer of innovative concepts into successful products. 1Q Health understands the market, knows the trends and will be happy to support you on your journey. Our competence centers stand out due to their decades of experience, dedicated employees, and customer-centric, agile approach.































## Quality first

The “Q” in 1Q Health stands for quality, as it is at the core of everything we do. We only work with certified raw material suppliers. All our production facilities are GMP, IFS, FSSC, HACCP, BIO, or ISO certified. We also follow the health industry regulations carefully, improve our quality standards continuously and make adaptations if regulations or legal standards change. We keep our customers updated on such developments and suggest new formulations where needed.

## One Stop Shop

We offer a wide spectrum of research and manufacturing services and act as a full-service provider with an ambitious on-time delivery. Our services do not end with the packaged product. We also support you in brand development and marketing via a wide range of distribution channels. We see ourselves as a digitally driven D<sup>2</sup>CDMO with many years of expertise in online business. We can further validate the health benefits of our customers’ formulations through in vitro and ex vivo studies at our own research laboratory.



						
<b>FOUNDING YEAR</b>	2010	2015	1927	1999	2007	1999
<b>LOCATION</b>	Germany	Germany	Germany	Netherlands	Austria	Germany
<b>EMPLOYEES</b>	70	20	65	63	106	5
<b>PRODUCT TYPES</b>	Food Supplements	Food Supplements, Cosmetics	Food Supplements, Pharmaceuticals	Food Supplements	Food Supplements (Human & Pet)	Cell Studies
<b>MANUFACTURING</b>						
<b>PACKAGING</b>						
<b>CERTIFICATES</b>	  	 	 	 	 	
<b>SPECIALS</b>	Products with Probiotics & Plant Extracts Development services Large batch sizes	Development services Medium batch sizes	QP Market Release Development services Own laboratory Medium to large batch sizes	Online formulator Development and consulting services Small to medium batch sizes	Flexible logistics Development services Small to medium batch sizes	CRO In Vitro & ex Vivo Studies
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Product title	Dosage form	Rec. daily dose	Active ingredients per daily dose	
5HTP Item No: HFK00018	90 Capsules (size 0)	2 Capsules	144 mg Magnesium 400 mg Griffonia extract of which 100 mg 5-HTP	
All Day Item No: HFK00002	60 Capsules (size 0)	2 Capsules	160 mg Vitamin C 32 mg Niacin NE 24 mg Vitamin E α-TE 12 mg Pantothenic Acid 2.8 mg Riboflavin (Vitamin B2) 2.8 mg Vitamin B6 2.2 mg Thiamine (Vitamin B1) 400 µg Folic acid 2 mg Beta carotene 332 µg corresponds to vitamin A 150 µg Biotin 25 µg Vitamin D3	20 µg Vitamin B12 60 mg Magnesium 10 mg Zinc 2 mg Manganese 110 µg Selenium 72 µg Chromium 72 mg Grape seed extract of which 36 mg OPC 50 mg Coenzyme Q10 40 mg Cistus extract 20 mg Marigold extract of which 4 mg Lutein ....of which 0.5 mg Zeaxanthin
Bifido-Lacto Complex Item No: HFK00010	60 Capsules, (size 1)	2 Capsules	520 mg Inulin 60 mg Bacterial strain combination (5x 10 <sup>10</sup> CFU/g)	



Product title	Dosage form	Rec. daily dose	Active ingredients per daily dose
Glucosamin Chondroitin Item No: HFK00003	90 Capsules (size 00)	3 Capsules	690 mg Methylsulfonylmethane 648 mg Chondroitin Sulfate 482 mg Glucosamine Sulfate 108 mg Hyaluronic Acid
L-Lysine Item No: HFK00006	60 Capsules (size 00)	3 Capsules	1440 mg L-Lysine
Multi Magnesium 7 Item No: HFK00007	60 Capsules (size 00)	2 Capsules	250 mg Magnesium
Omega 3 Item No: HFK00001	60 Softgel Capsules (size 10 oval)	2 Capsules	1000 mg Fish Oil of which 550 mg Omega-3 fatty acids of which 330 mg Eicosapentaenoic acid of which 220 mg Docosahexaenoic acid 10 mg Vitamin E α-TE
OPC Grape Seed Extract Item No: HFK00008	60 Capsules, (size 0)	1 Capsule	360 mg Grape seed extract of which 180 mg OPC 90 mg Acerola Extract of which 15 mg Vitamin C
Phytoferrin plus C Item No: HFK00009	60 Capsules, (size 0)	2 Capsules	100 mg Vitamin C 668 mg Buckwheat germ extract of which 10 mg Iron 200 mg Dog rose extract

Product title	Dosage form	Rec. daily dose	Active ingredients per daily dose	
Q10 100mg Item No: HFK00011	60 Capsules (size 1)	1 Capsule	115 mg Vitamin C 15 mg from acerola extract	100 mg from calcium L-ascorbate 100 mg Coenzyme Q10
Selenium 200µg Item No: HFK00012	60 Capsules (size 3)	1 Capsule	200 µg Selenium	
Skin Hair Nails Item No: HFK00005	60 Capsules (size 0)	1 Capsule	4.5 mg Pantothenic acid 1000 µg Biotin 200 µg Folic acid 9 mg Zinc	100 mg N-Acetyl-L-Cysteine of which 74 mg L-cysteine 250 mg Common millet concentrate of which 11 mg Silicon
Vitamin C 400 Item No: HFK00014	60 Capsules (size 0)	1 Capsule	400 mg Vitamin C 100 mg Rosehip Extract	
Zinc Picolinate 15 Item No: HFK00016	60 Capsules (size 3)	1 Capsule	15 mg Zinc	



Product title	Dosage form	Rec. daily dose	Active ingredients per daily dose
Ashwagandha	HPMC Capsule 180 Capsules (size 00)	3 Capsules	600 mg Withania somnifera
Beauty by nature series: Anti Tiredness and Exhaustion	60 Capsules	2 Capsules	300 mg Cordyceps Extract 135 Siberian Ginseng Extract 100 mg Green Tea Leaf Extract of which 50 mg Polyphenols 40 mg Reishi Powder 1.4 mg Vitamin B2 1.4 mg Vitamin B6 2.5 µg Vitamin B12
Beauty by nature series: Anti-Aging Booster	90 Capsules	2 Capsules	180 mg Reishi Extract 180 mg Grape Seed Extrakt of which 90 mg OPC 75 mg Hyaluronic Acid 75 mg Coenzyme Q10 10 mg Zinc 25 µg Biotin 100 µg Folic Acid 8 mg Niacin 0.7 mg Vitamin B2 0.7 mg Vitamin B6 80 mg Vitamin C
Beauty by nature series: Immune Prevention	60 Capsules	2 Capsules	300 mg Shiitake Extract 100 mg Reishi Extract 10 mg Ginger Extract 160 mg Vitamin C 2.8 mg Vitamin B6 1.8 mg Vitamin B6 12 mg Vitamin E 5 µg Vitamin D3 10 mg Zinc 55 µg Selenium
Beauty by nature series: Skin Hair Booster	60 Capsules	2 Capsules	200 mg Camu Camu Extract of which 50 mg Vitamin C 10 mg Zinc 400 mg Millet Seed Extract 100 mg Green Tea Extract
Beauty by nature series: Skin Hair Plus Booster	90 Capsules	3 Capsules	150 mg Reishi Extract 300 mg Polyporus Extract 320 mg Camu Camu Extract of which 80 mg Vitamin C 10 mg Zinc 150 mg Millet Seed Extract 150 mg Green Tea Extract
Glucosamine-Chondroitin	HPMC Capsule 180 Capsules (size 00)	2 Capsules	Glucosamine hydrochloride 83 % glucosamine (500 mg, = to 415 mg glucosamine) 250 mg Chondroitin sulfate bovine 90% 40 mg Ascorbic acid
Grape Seed Extract with OPC	HPMC Capsule 120 Capsules (size 0)	1-2 Capsules	Grape seed extract with 70% Oligomeric proanthocyanidins 500mg = 350mg OPC

Product title	Dosage form	Rec. daily dose	Active ingredients per daily dose
Hyaluron Collagen	HPMC Capsule 180 Capsules (size 00)	2 Capsules	500 mg Collagen bovine Sodium hyaluronate (100 mg = 90 mg Hyaluronic acid) 40 mg Ascorbic acid Zinc bisglycinate chelate 30% zinc (16.7 mg = 5 mg zinc) Sodium selenite on calcium carbonate (2 mg = 20 µg Selenium), D-Biotin (25 µg)
L-Lysine	HPMC Capsule 120 Capsules (size 0)	2 Capsules	500 mg L-Lysine Hydrochloride
Magnesium 97.5mg	HPMC Capsule 90 Capsules (size 00)	3 Capsule	Magnesium glycinate 14% magnesium (750mg = 97.5 mg magnesium)
Magnesium Complex 400mg	HPMC Capsule 90 Capsules (size 00)	2 Capsules	Magnesium oxide 60% (380 mg Magnesium) Tri-Magnesium Dicitrat Anhydrat 15% Magnesium (53.00 mg=8 mg Magnesium) Chelated Magnesium Bisglycinate 14% (35.71 mg = 5 mg Magnesium) Magnesiummalat 15% Magnesium (26.66 mg = 4 mg Magnesium) Magnesium ascorbate 10% (30.00 mg = 3 mg Magnesium)
Milk Thistle	HPMC Capsule 90 Capsules (size 0)	1 Capsule	Milk thistle extract >80% silymarin 25:1 (250 mg = to 200 mg silymarin) Artichoke leaf extract 2.5% cynarin (160 mg= 4 mg cynarin) 100 mg Dandelion root extract
Monk's Pepper	HPMC Capsule 90 Capsules (size 1)	1 Capsule	10 mg Monk's Pepper Extract 4:1

Product title	Caps. size/ Aluminium bags	Recommended daily dose	Active ingredients per daily dose
Mushoom Organic Reishi Extract Capsules (Ganoderma Lucidum)	Size 0 2000 pcs in a bag	2 Capsules	700 mg Organic Reishi Extract 40 mg Organic Acerola Extract
Mushoom Organic Hericium Extract Capsules (Hericium Erinaceus)	Size 0 2000 pcs in a bag	2 Capsules	700 mg Organic Hericium Extract 40 mg Organic Acerola Extract
Mushoom Organic Cordyceps Extract Capsules (Cordyceps Sinensis)	Size 0 2000 pcs in a bag	2 Capsules	700 mg Organic Cordyceps Extract 40 mg Organic Acerola Extract
Mushoom Organic Cordyceps Powder Capsules (Cordyceps Sinensis)	Size 0 2000 pcs in a bag	4 Capsules	2000 mg Organic Cordyceps Powder
Mushoom Organic Reishi Powder Capsules (Ganoderma Lucidum)	Size 00 2000 pcs in a bag	4 Capsules	2000 mg Organic Reishi Powder
Mushoom Organic Hericium Powder Capsules (Hericium Erinaceus)	Size 00 2000 pcs in a bag	4 Capsules	2000 mg Organic Hericium Powder
Mushoom Organic Chaga Extract Capsules (Inonotus Obliquus)	Size 0 2000 pcs in a bag	2 Capsules	700 mg Organic Chaga Extract 40 mg Organic Acerola Extract
Mushoom Organic Maitake Extract Capsules (Grifola Frondosa)	Size 0 2000 pcs in a bag	2 Capsules	700 mg Organic Maitake Extract 40 mg Organic Acerola Extract
Mushoom Organic Agaricus Extract Capsules (Agaricus blazei)	Size 0 2000 pcs in a bag	2 Capsules	700 mg Organic Agaricus Extract 40 mg Organic Acerola Extract
Mushoom Organic Shiitake Extract Capsules (Lentinula Edodes)	Size 0 2000 pcs in a bag	2 Capsules	700 mg Organic Shiitake Extract 40 mg Organic Acerola Extract



Product title	Dosage form	Rec. daily dose	Active ingredients per daily dose	
Probiotics Anti Stress	Acid Resistant HPMC Capsules 60 Capsules (size 1)	1 Capsule	Organic acacia fiber (145 mg, Low Water Activity) Probiotics Mix (5 Probiotics strains, 100 Mrd KBE/g, 120 mg incl. 20 % Stability Overage) Pyridoxine hydrochloride (0.32 mg incl. 25 % Stability Overage = 0.21 mg Vitamin B6) Riboflavin (0.26 mg incl. 25 % Stability Overage = 0.21 mg Vitamin B2)	
Probiotics Gut Health	Acid Resistant HPMC Capsules 60 Capsules (size 1)	1 Capsule	Organic acacia fiber (145 mg, Low Water Activity) Probiotics Mix (22 Probiotics strains, 100 Mrd KBE/g, 120 mg incl. 20 % Stability Overage) Pyridoxine hydrochloride (0.32 mg incl. 25 % Stability Overage = 0.21 mg Vitamin B6) Riboflavin (0.26 mg incl. 25 % Stability Overage = 0.21 mg Vitamin B2)	
Shilajit	HPMC Capsule 120 Capsules (size 00)	1 Capsule	650 mg Mumijo/Shilajit Powder	
Turmeric + Black Pepper	HPMC Capsule 90 Capsules (size 00)	1 Capsule	590 mg Turmeric extract 80 mg Turmeric powder	Black pepper extract 95 % piperine (21.052 mg = 20 mg Piperine)
Zinc + Vitamin C	HPMC Capsule 120 Capsules (size 0)	1 Capsule	Zinc bisglycinate chelate 30% zinc (21.7 mg = 6.5 mg zinc) Acerola extract 17% vitamin C (470 mg = 80 mg vitamin C)	



Product title	Dosage form	Taste	Recommended daily dose	Active ingredients per daily dose
Sleep Spray Item No: HFF00005	Spray 15 ml	Mint	4 Sprays	1 mg Melatonin
Vitamin D drops forte 1.000 I.U. Item No: HFF00002	Drops 15 ml	Neutral	1 Drop	25 µg Vitamin D3
Vitamin D drops forte 2.500 I.U. Item No: HFF00001	Drops 15 ml	Neutral	1 Drop	62.5 µg Vitamin D3
Vitamin K2+D3 drops Item No: HFF00004	Drops 15 ml	Neutral	2 Drops	50 µg Vitamin D3 50 µg Vitamin K2





Product title	Dosage form	Taste	Recommended daily dose	Active ingredients per daily dose
Apple cider vinegar with herbs	Liquid in glass bottle 250 or 500 ml	Slightly sour, herbal	Dilute with water and drink every morning	Apple cider vinegar, ginger juice, herbal & spice extract
B-Complex Spray	Spray 30 ml	Neutral	2 sprays	Vitamin B1, B2, B6, B12
B12 Drops	Drops 30 or 50 ml	Neutral		Vitamin B12 (Cobalamin)
BIO Hemp seed oil	Drops Oil 50 or 100 ml	Nutty		Hemp seed oil (omega fatty acids)
Chlorophyll drops	Drops 50 or 100 ml	Neutral		Chlorophyllin
Cistus Throat Spray	Spray 30 ml	Honey-sweet		Cistus extract, honey, propolis, zinc
Energy Boost	Shot 25 ml	Sour cherry & blackcurrant	Up to 2 ampoules/day	Caffeine, taurine, dextrose, vitamins B1, B2, B6, B12
Ferrupan syrup (Fluidpan series)	Syrup 250 ml	Blue - and Black-berry	3-7 years: 5 ml 7-14 years: 7.5 ml from 14 years on: 10 ml	5 mg Iron 3 mg Zinc
Ivypan plus syrup (Approved in Austria as a pharmaceutical)	Syrup 100 ml	Orange	2-6 years: 2.5 ml up to 4 times a day Maximum daily dose: 10 ml over 6 years: 5 ml up to 4 times a day Maximum daily dose: 20 ml	Ivy dry extract Thyme leaves liquid extract (contains 2.4 Vol% Alcohol)
L-Carnitine 4000	Shot 25 ml or bottles 500-1000 ml	Citrus		L-Carnitine (4000 mg/25 ml), zinc
Melatopan – Good night drops (Fluidpan series)	Drops 30 ml	Orange-Tangerine	0.5 ml	0.5 mg Melatonin (contains 2.7 Vol% Alcohol)
Melatopan – Good night spray (Fluidpan series)	Spray 20 ml	Lavender	1 spray	0.5 mg Melatonin (contains 4.8 Vol% Alcohol)

Product title	Dosage form	Taste	Recommended daily dose	Active ingredients per daily dose																
Multipan Syrup (Fluidpan series)	Syrup 250 ml	Orange and Apricot	3-7 years: 5 ml 7-14 years: 7.5 ml from 14 years on: 10 ml	<table border="0"> <tr> <td>100 mg Vitamin C</td> <td>150 µg folic acid</td> </tr> <tr> <td>12 mg Niacin</td> <td>40 µg Vitamin K</td> </tr> <tr> <td>10 mg Vitamin E</td> <td>7.5 µg Biotin</td> </tr> <tr> <td>5 mg Pantothenic acid</td> <td>5 µg Vitamin D3</td> </tr> <tr> <td>1.2 mg Riboflavin</td> <td>1 µg Vitamin B12</td> </tr> <tr> <td>1 mg Thiamine</td> <td>5 mg Zinc</td> </tr> <tr> <td>1 mg Vitamin B6</td> <td>100 µg Iodide</td> </tr> <tr> <td>400 µg Vitamin A</td> <td>30 µg Selenium</td> </tr> </table>	100 mg Vitamin C	150 µg folic acid	12 mg Niacin	40 µg Vitamin K	10 mg Vitamin E	7.5 µg Biotin	5 mg Pantothenic acid	5 µg Vitamin D3	1.2 mg Riboflavin	1 µg Vitamin B12	1 mg Thiamine	5 mg Zinc	1 mg Vitamin B6	100 µg Iodide	400 µg Vitamin A	30 µg Selenium
100 mg Vitamin C	150 µg folic acid																			
12 mg Niacin	40 µg Vitamin K																			
10 mg Vitamin E	7.5 µg Biotin																			
5 mg Pantothenic acid	5 µg Vitamin D3																			
1.2 mg Riboflavin	1 µg Vitamin B12																			
1 mg Thiamine	5 mg Zinc																			
1 mg Vitamin B6	100 µg Iodide																			
400 µg Vitamin A	30 µg Selenium																			
Natural Energy Shot	Shot 15 ml	Apple-ginger	Up to 2 ampoules/day	Apple extract, xylitol, ginger juice, green tea, ginkgo, ginseng, guarana, yam root, maca root, vitamins B1, B2, B6, B12																
Omega-3 Oil	Drops or bottles 10-100 ml	Lemon		DHA, EPA (from microalgae), lemon oil																
Pump Power Booster	Shot 60 ml	Fruit juice mix	Before, during, or after sport	L-Arginine, L-Citrulline, taurine, niacin, vitamins B6, B12, zinc, dextrose																
Purification Booster (Beauty by nature series)	Syrup 250 ml	Neutral	5 ml	250 mg Hericium Extract 100 mg Reishi Extract 75 mg Artichoke powder 40 mg Vitamin C 5 mg Zinc																
Selenium drops	Drops 30 or 50 ml	Neutral		Selenium																





Product title	Dosage form	Taste	Recommended daily dose	Active ingredients per daily dose
Sleep spray	Spray 30 ml	Cream-vanilla	8 sprays	Melatonin, tryptophan, lavender extract, passionflower extract, ashwagandha, vitamins B1, B6
Vitapan B12 drops/spray (Fluidpan series)	Drops or spray 30 ml		0.5 ml or 2 sprays (once a week)	250 µg Methyl cobalamin 250 µg Adenosyl cobalamin
Vitapan C drops (Fluidpan series)	Drops 30 ml	Cherry	1 ml	80 mg Vitamin C
Vitapan D drops/spray (standard or vegan) (Fluidpan series)	Drops or spray 30 ml		0.5 ml or 1 spray	25 µg Vitamin D3 = 1000 IU
Vitapan D+ drops (Fluidpan series)	Drops 30 ml		0.25 ml (10 drops)	5 µg Vitamin D3 200 µg Vitamin A 2.4mg Vitamin E
Vitapan D3+K2 drops (vegan) (Fluidpan series)	Drops 30 ml		0.5 ml	25 µg Vitamin D3 20 µg Vitamin K2
Vitapan K2 pure drops/spray (vegan) (Fluidpan series)	Drops or spray 30 ml		0.5 ml	150 µg Vitamin K2
Vitapan P+T syrup (Fluidpan series)	Syrup 100 ml	Orange	Adults: 20 ml Children 3–5 years: 10 ml	Adults: 1.2 g Primula radix liquid extract, 0.6 g Thyme liquid extract, 6 mg Zinc  Children 3–5 years: 0.6 g Primula radix liquid extract, 0.3 g Thyme liquid extract, 3 mg Zinc
Vein Plus Shot	Shot 25 ml	Natural wine aroma		Red vine leaf powder, ginkgo, horse chestnut, vitamin C, vitamin B1, aronia juice concentrate
Zinc drops	Drops 30 or 50 ml	Neutral		Zinc



Product title	Dosage Form / Packaging	Scent / Key Aroma	Application Recommendation	Active ingredients
After Shave Balm Blood Orange	Airless dispenser 50–100 ml or jar 200 ml	Blood orange	Apply hazelnut-sized amount after shaving	Calendula, panthenol, witch hazel, aloe vera
After Shave Balm Coconut	Airless dispenser 50–100 ml or jar 200 ml	Coconut	Apply hazelnut-sized amount after shaving	Calendula, panthenol, witch hazel, aloe vera
After Shave Balm Green Tea	Airless dispenser 50–100 ml or jar 200 ml	Green tea	Apply hazelnut-sized amount after shaving	Calendula, panthenol, witch hazel, aloe vera
After Shave Balm Rose	Airless dispenser 50–100 ml or jar 200 ml	Rose	Apply hazelnut-sized amount after shaving	Rose extract, panthenol, witch hazel, aloe vera
Arthrosis Cream MSM & Glucosamine	Airless dispenser 50-100 ml or pump dispenser 50–100 ml	Herbal	Apply 1–3× daily, massage in	Glucosamine, MSM, ginger extract, organo extract, chili extract
Body Lotion	Airless dispenser 50–200 ml or jar 100–200 ml	Various scents (customizable)	Apply as needed to skin, massage gently	Coconut oil, almond oil, allantoin
Body Mist	Airless dispenser 50–200 ml or jar 100–200 ml	Strawberry, green tea, coconut (customizable)	Spray onto skin as desired	Fragrance oils
Body Oil Jojoba Tea Tree	Pump dispenser 30-150 ml or pipette bottle 30–150 ml	Tea tree	Apply as needed, massage in	Jojoba oil, tea tree oil
Body Scrub Coffee Peeling	Jar 50-200 ml	Coffee	Apply to dry or damp skin, massage, rinse	Organic cane sugar, Himalayan salt, ground coffee, almond oil, vitamin E
Cooling Joint & Muscle Gel	Airless dispenser 50-100 ml or pump dispenser 50–100 ml	Menthol/camphor	Apply hazelnut-sized amount, massage in	Calendula, camphor, menthol, comfrey
Facial Cleansing Foam	Foamer dispenser 100–150 ml	Neutral	Use morning and evening on damp face	Mild surfactants, cucumber extract, green tea extract, calendula



Product title	Dosage Form / Packaging	Scent / Key Aroma	Application Recommendation	Active ingredients
Facial Cleansing Foam	Foamer dispenser 100-150 ml	Neutral	Use morning and evening on damp face	Mild surfactants, cucumber extract, green tea extract, calendula
Hand Balm	Airless dispenser 50-150 ml or pump dispenser 50-150 ml	Various scents (customizable)	Apply a hazelnut-sized amount to hands, massage in	Shea butter, avocado oil, sea buckthorn, vitamin E
Hyaluronic Serum	Pump dispenser 30-50 ml or pipette bottle 30-50 ml	Neutral	Apply hazelnut-sized amount daily	Hyaluronic acid, algae oil
Lip Balm Blackberry	Jar 5 ml, 7 ml or 15 ml	Blackberry	Apply small amount to lips as needed	Cocoa butter, shea butter, jojoba oil, coconut oil, vitamin E
Pregnancy Massage Oil	Pump dispenser 30-100 ml	Light fruity	Apply small amount, massage in	Almond oil, sunflower oil, arnica
Pregnancy Massage Oil Deluxe	Pump dispenser 30-100 ml	Herbal/floral	Apply small amount, massage in	Calendula, chamomile, jojoba oil
Vitamin A Serum	Pump dispenser 30-50 ml or pipette bottle 30-50 ml	Neutral	Apply in evening after cleansing	Retinol (Vitamin A), urea, algae oil



Product title	Dosage form	Recommended daily dose	Active ingredients per daily dose
Detox Booster (Beauty by nature series)	90 Tablets	3 Tablets	300 mg Reishi Extract 300 mg Chlorella Powder 150 mg Rosehip Extract 9 mg Zinc 48 mg Vitamin C
Dr. Kleinschrods Darmpflege (Colon care)	42 Tablets	1-2 tablets daily for adults with intestinal problems and constipation 1 tablet daily to treat indigestion	3.38 mg Garlic powder 29.7 mg Horseradish root 45 mg Aloe 45 mg Senna leaf 81.5 mg Frangula bark in powder form
Dr. Kleinschrods Leber- Gallenpflege (Bile care)	60 Tablets	Depending on the symptoms, 3-5 tablets 3 times a day	10.4 mg Chicory root 16.64 mg Frangula bark 20.8 mg Agrimony 20.8 mg Dandelion root 20.8 mg Raphani root 37.44 mg Javanese turmeric 52 mg Chelidonii herba in powder form
Dr. Kleinschrods Magenpflege (Stomach care)	60 Tablets	3 x 1 - 3 tablets per day to be taken with some water after a meal	10 mg Enziane root 20 mg Wormwood herb 30 mg Caraway fruit 40 mg Yarrow herb 60 mg Centaury herb
Dr. Kleinschrods Nervenpflege (Nerve care)	60/120 Tablets	3 x 1 - 3 tablets per day before going to bed	7.28 mg Mistletoe 13.83 mg Yarrow herb 14.56 mg St. John's wort 14.56 mg Melissa leaf 43.69 mg Hop strobile 52 mg Medicinal yeast 58.24 mg Valerian root in powder form



Product title	Dosage form	Taste	Recommended daily dose	Active ingredients per daily dose
Cranberry Stick	8.3 g Powder in Sticks	Cranberry	1 Stick	1000 mg D-Mannose 600 mg Lingonberry concentrate 100 mg Cranberry extract of which 1 mg Anthocyanidines 100 mg Grape seed extract of which 95 mg Proanthocyanidines
Energy Stick	5 g Powder in Sticks	Lemonade	1 Stick	500 mg Taurine 100 mg Coenzyme Q10 312 mg Guarana extract of which 50 mg natural caffeine 112 mg Siberian ginseng extract of which 1 mg 100 mg Rhodiola rosea extract of which 3 mg Rosavin of which 1 mg Salidroside 80 mg Vitamin C 80 mg Magnesium 16 mg Niacin 6 mg Pantothenic acid 1.6 mg Riboflavin 1.4 mg Vitamin B6 1.3 mg Thiamine 200 µg Folic acid 50 µg Biotin 5 µg Vitamin B12



## BRANDS

## Ivypan Plus Syrup



Ivypan plus Syrup is a pharmaceutical OTC product used in productive cough associated with cold. The product is a traditional herbal medicinal product used for the specified indication, based exclusively on long-standing use. This purely herbal remedy has a gentle mucolytic effect in case of chesty cough. Furthermore, IVYPAN PLUS Syrup has an anticonvulsant effect on the respiratory tract and reduces the urge to cough. It's easier to fall asleep, and your body can regenerate more effectively.

**Ingredients:**

- Ivy dry extract DER 6-7:1, extraction solvent ethanol 40 % (m/m)
- Thyme fluid extract DER 1 : 2-2,5, extraction solvent ammonia solution 10% (m/m) : glycerol 85% (m/m) : ethanol 90% (V/V) : water (1:20:70:109)

**Intake recommendation:**

- Children between 2 and 6 years: 2.5 ml up to 4 times a day, maximum daily dose: 10 ml
- Children older than 6 years, teenagers and adults: 5 ml up to 4 times a day, Maximum daily dose: 20 ml

**Value proposition:**

- In vitro cell study will be performed internally; study protocol to be finished in September 2025
- In vitro testing methods for phytodrugs include all primary cells and cell lines
- The study will support the claim and lead to a market differentiation
- Developed and manufactured in Germany (under GMP & IFS)

**Commercial conditions:**

- Exclusive supply by 1Q Health Group
- MOQ: 20.000 bottles
- 100ml syrup in 100ml brown glass bottle
- Supply EXW
- Registration under responsibility of the partner
- Supply price and further conditions t.b. defined in a supply agreement

**IVYPAN®**

**Registration Status:** Registered as pharmaceutical product, OTC in Austria

**Trademark:** Registered in EU, GB

**Indication:** Expectorants, excl. combinations with antitussives

**ATC Code:** R05CA10

**Sales Channel:** Sold in pharmacies, no Rx



## Hawlik – Medicinal Mushrooms

HAWLIK has delivered trusted medicinal mushrooms and dietary supplements since 1980, combining decades of expertise with premium quality, safety, and transparent standards. As Europe’s largest producer of vital mushrooms for supplements, they offer a broad, science-driven product range with ingredients tested and confirmed by a GMP-Pharma certified laboratory in Germany—backed by a clear promise of quality, sustainability, and service.



### What sets HAWLIK apart:

- Certified quality by the renowned AGROLAB laboratory group
- Full transparency across the entire value chain – from raw material sourcing to the finished product
- Customers can request independent lab analyses for every product and every batch
- All raw materials are analyzed and controlled under strict GMP pharmaceutical conditions
- Products are tested and verified in Germany, in close cooperation with long-standing, trusted suppliers

### Forms of Consumption:

For your well-being and personal needs, choosing the right form of medicinal mushrooms is key. That’s why HAWLIK offers a wide range of high-quality medicinal mushroom products, tailored to your individual requirements.

### OUR MEDICINAL MUSHROOMS ARE AVAILABLE IN:

**Capsules:** convenient and precisely dosed

**Powder:** versatile, ideal for adding to beverages or food

**Liquid:** for fast absorption

**Dried:** naturally preserved and highly versatile



INSPECTED BY  
AGROLAB  
EN ISO/IEC 17025:2005



Additionally, we offer our products in various concentrations – from 100% pure mushroom powder to highly concentrated extracts. Our range is further complemented by carefully crafted medicinal mushroom blends, with formulas developed by experts to meet specific needs.

At HAWLIK, you will always find the ideal form to incorporate the power of medicinal mushrooms into your daily life.

# BRANDS

## FITTERGY®

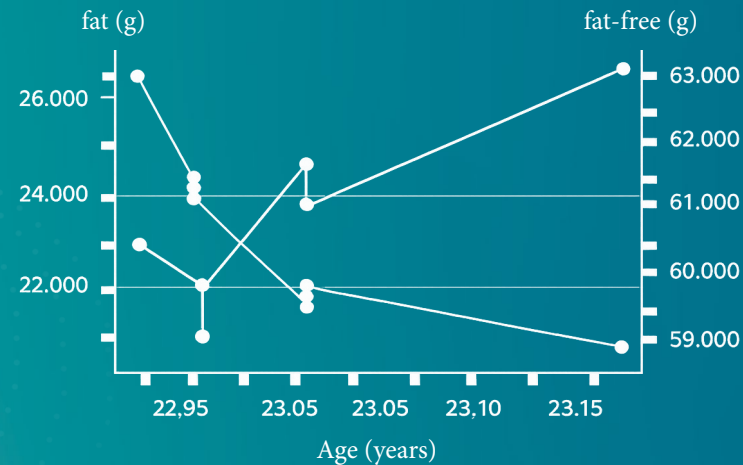
FITTERGY® is a science-informed metabolic health platform combining structured nutritional protocols, targeted supplementation and professional education formats to support metabolic flexibility, body composition and performance. Built on clinically oriented program architecture and evidence-driven formulation development, FITTERGY enables partners to accelerate concept-to-market execution, strengthen scientific positioning and deliver differentiated metabolic health solutions.



### What FITTERGY® Offers:

- Structured, science-informed metabolic program concepts
- Independently validated flagship model (Sportvasten®) providing clinical credibility
- Evidence-driven supplement formulation expertise
- Adaptable branded protocols for weight management and metabolic health
- Integrated product, protocol and education frameworks for differentiated market positioning

### Composition Trend: Overall



The targeted body composition effect: fat mass reduced from 27 kg to 21 kg while lean mass increased from 60 kg to 63 kg in just 3 months.

FITTERGY®	
<b>Registration Status:</b>	Registered EU Trade-mark (EUTM), valid 2016–2036
<b>Scientific Status:</b>	Sportvasten® – Independently studied (multiple EU universities) Other concepts – Science-based, not independently studied
<b>Sales Channel:</b>	B2B

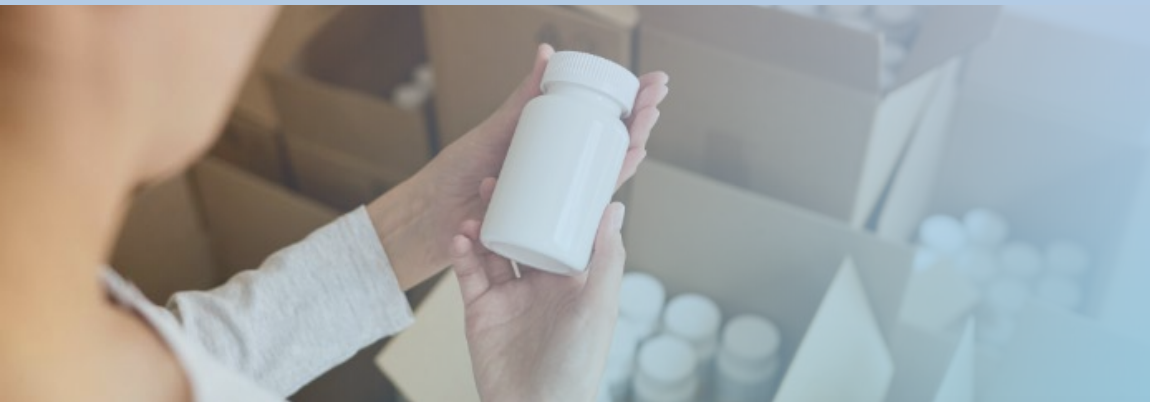
Beyond the main concept, FITTERGY provides additional branded concepts on request to address different customer needs and objectives. In addition to its program concepts, FITTERGY also operates a supplement line under FITTERGY Supplements, supported by evidence-informed formulation expertise and Netherlands-based manufacturing experience. FITTERGY also offers a professional education ecosystem, enabling partners to combine product, protocol and training into scalable implementation models.

# THE 1Q SHOP



1Q Shop is a B2B online shop where brands, creators, and other businesses can order high-quality white- and private-label supplements with just a few clicks.

- Choose from dozens of science-backed and ready-to-launch formulations
- Create your own unique formulation from scratch
- Customize ingredients, dosage forms, packaging and labels
- Enjoy flexible MOQs and full order tracking
- Receive support in health claim validation and product feasibility



All products are manufactured in our production facilities located in Germany, Austria, and the Netherlands, under the strictest of quality requirements. It has never been easier or faster to launch a high-quality, EU-compliant food supplement.

**VISIT OUR SHOP  
AND GET STARTED**



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[DOWNLOAD PRODUCT LIST](#)