

HOLIVER[®]

Stress Less | Find Calm | Wake Fresh

Clinically Validated Holy Basil Extract for
Cortisol Reduction, Stress & Sleep



**Powered by
B.O.T Technology**

- **Standardized $\geq$ 5% Ocimum-Bioactive Complex (OBC):** Rabdosiin, Rosmarinic acid, Luteolin-7-o-beta-glucuronide, Ociglycoside I, Apigenin-7-o-beta-glucuronide
- **Daily dose: 250mg**

Validated by 2 gold standard clinical trials

Stress

↓ **10**
mins

Rapid relief from acute stress (reduced salivary cortisol)*

↓ **2**
weeks

Marked reduction in perceived stress

↓ **66%**
Hair cortisol

Helps in long-term stress management

1st Botanical Ingredient Validated to Reduce **Hair Cortisol**

Sleep

↑ **50%**

Improved sleep quality

↓ **95%**

Reduction in sleep disturbances**

↑ **60%**

Faster sleep onset

Designed for daily use

Non-habit forming, and with zero fading effect over time

Why Choose Holixer® ?



Clinically validated

Validated by cortisol biomarkers & CAP A1



Trusted Worldwide

23 countries
>50+ global brands



Award-winning

Mind and Mood



Water soluble
Formulation flexibility



Sustainably Sourced
Transparent & reliable

References:
Lopresti et al. (2022) Front. Nutr. 9:965130. doi:10.3389/fnut.2022.96513; Abhijit et al _ publication under review

*After 8 weeks of intake
**Based on deep sleep analysis by polysomnography

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