St Theresa's

COCONUT PRODUCTS

Pure by nature

EST 1960



ST. THERESA'S

Product Catalogue

Desiccated Coconut and Coconut Products · Katana, Sri Lanka · Since 1960

St Theresa's



4TH GENERATION

FAMILY BUSINESS

SINCE 1960

KATANA, SRI LANKA

CERTIFIED ISO 22000

CERTIFIED HACCP

CERTIFIED GMP

WELCOME

MADE BY A FAMILY, SPECIFIED FOR INDUSTRY

For more than six decades, St. Theresa's has made desiccated coconut in Katana, Sri Lanka. Today our 4th generation family business supplies importers, supermarket chains, bakeries and food manufacturers across Europe, the Middle East and the USA.

This catalogue sets out our full range and specifications. Every product is made to a defined standard and supported by a food safety management system certified to ISO 22000, HACCP and GMP. Each shipment comes with a Certificate of Analysis.

If you need a specification that is not listed here, talk to us.

Custom grades, cuts and private label packing are available.

TABLE OF CONTENTS

01 Range at a glance 3

02 Desiccated Coconut 4

03 Coconut Milk and Cream 8

04 Coconut Oils 10

05 Coconut Ingredients 12

06 Custom and Private Label 14

07 Quality and Documents 15

08 Ordering and Contact 16

01 PRODUCT RANGE

Range at a Glance

PRODUCT	KEY SPECIFICATION	PACK SIZES	SHELF LIFE
DESICCATED COCONUT			PAGES 4–7
Desiccated Coconut, Fine Grade	Under 15% retained on 1.40 mm; fat 68%	7.5, 25, 50 kg	12 months
Desiccated Coconut, Medium Grade	Under 15% retained on 2.00 mm; fat 68%	7.5, 25, 50 kg	12 months
Desiccated Coconut, Roasted Chips	Mostly 20 to 50 mm; fat 68%	7.5, 25, 50 kg	12 months
COCONUT MILK AND CREAM			PAGES 8–9
Coconut Milk, Low Fat	Fat 5 to 7%	200 ml to 20 L	24 months
Coconut Milk, High Fat	Fat 17 to 22%	200 ml to 20 L	24 months
Coconut Cream	Fat 22 to 30%	200 ml to 5 L	24 months
COCONUT OILS			PAGES 10–11
Virgin Coconut Oil	FFA 0.20% max	250 ml to 20 L	12 months
RBD Coconut Oil	FFA 0.10% max	500 ml to 200 L	12 months
COCONUT INGREDIENTS			PAGES 12–13
Coconut Flour	80 to 100 mesh	1 kg to 25 kg	12 months
Coconut Sugar	20 to 40 mesh	500 g to 25 kg	12 months
Coconut Syrup	Moisture 25% max	250 ml to 5 L	12 months

Specifications are typical values and may be updated. Please ask for the current specification sheet when ordering.

02 DESICCATED COCONUT

"Desiccated Coconut. Our core product since 1960."

Made from the white kernel of fresh Sri Lankan coconuts, pared by hand, then grated, dried and graded.



Desiccated Coconut, Fine Grade

A smooth, even cut that blends evenly through doughs, fillings and coatings.

- Consistent particle size for an even bake and finish
- Low moisture for good keeping quality
- Supplied with a Certificate of Analysis for every lot

PARAMETER	SPECIFICATION
Particle size	Under 15% retained on 1.40 mm mesh
Fat	68%
Moisture	Below 2.5%
Colour (Lovibond Tintometer)	Red below 0.2, yellow below 0.8, blue below 0.1
Shelf life	12 months
Packing	7.5 kg, 25 kg and 50 kg bags

APPLICATIONS

Biscuits and cookies · Cream fillings · Chocolate centers · Confectionery · Coatings

02 DESICCATED COCONUT



Desiccated Coconut, Medium Grade

A larger cut that keeps a visible texture and bite.

- Clear coconut texture on toppings and bars
- Low moisture for good keeping quality
- Supplied with a Certificate of Analysis for every lot

PARAMETER	SPECIFICATION
Particle size	Under 15% retained on 2.00 mm mesh; under 15% passes through 1.40 mm mesh
Fat	68%
Moisture	Below 2.5%
Colour (Lovibond Tintometer)	Red below 0.2, yellow below 0.8, blue below 0.1
Shelf life	12 months
Packing	7.5 kg, 25 kg and 50 kg bags

APPLICATIONS

Cake toppings · Cereal and granola bars · Confectionery · Bakery fillings

02 DESICCATED COCONUT

Desiccated Coconut, Roasted Chips

Large, roasted crisp cuts with a bold texture and a natural look.

- A visible, premium finish on snacks and decoration
- Larger cut for crunch and bite
- Supplied with a Certificate of Analysis for every lot



PARAMETER	SPECIFICATION
Particle size	47% between 20 mm and 50 mm; 7% below 10 mm
Fat	68%
Moisture	Below 3.0%
Colour (Lovibond Tintometer)	Red below 0.2, yellow below 0.8, blue below 0.1
Shelf life	12 months
Packing	7.5 kg, 25 kg and 50 kg bags

APPLICATIONS

Snack and trail mixes · Breakfast cereals · Cake decoration · Toppings

02 DESICCATED COCONUT

Desiccated Coconut Standards

Microbiological standards (Fine, Medium and Roasted Chips)

PARAMETER	LIMIT
Total plate count	Below 5,000 per g
Yeast	Below 10 per g
Moulds	Below 10 per g
Coliforms	Below 10 per g
E. coli	Negative in 10 g
Salmonella	Not detected in 25 g

Storage

18–28°C
TEMPERATURE

20–50%
RELATIVE HUMIDITY

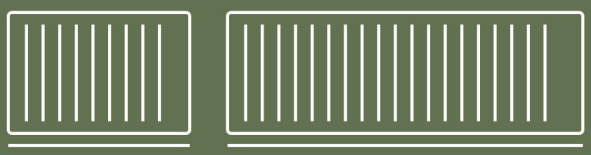
Store at 18 to 28°C and 20 to 50% relative humidity. Keep in a clean, dry, hygienic and odour-free area, protected from moisture, direct sunlight, contamination and pests. Keep away from walls. Keep the product in its sealed food-grade packaging until use.

Quality checks on every production run

- Moisture tested hourly by infrared moisture balance
- Colour by Lovibond Tintometer
- Particle size by grade
- Parings and extraneous matter
- Flavour and odour
- Monthly external microbiological testing

Container loads:

up to 20 metric tonnes in a 20 ft container, and up to 27 metric tonnes in a 40 ft container.



20 FT
UP TO 20 T

40 FT
UP TO 27 T

03 COCONUT MILK AND CREAM

Coconut Milk

Smooth, creamy coconut milk in two fat levels, for cooking, beverages and food production.



PARAMETER	LOW FAT	HIGH FAT
Form	Homogeneous liquid	Homogeneous liquid
Fat	5 to 7%	17 to 22%
Free fatty acids (FFA)	0.30% max	0.30% max
Appearance	White, smooth, creamy	Rich white, creamy
Shelf life	24 months	24 months
Packing	200 ml, 400 ml, 1 L, 5 L, 20 L	200 ml, 400 ml, 1 L, 5 L, 20 L

Low Fat

Low Fat for cooking, sauces, curries and beverages.

High Fat

High Fat for premium cooking, desserts and ice cream.

03 COCONUT MILK AND CREAM

Coconut Cream

A rich, thick coconut cream for indulgent recipes.



22–30%
FAT

24
MONTHS SHELF LIFE

APPLICATIONS

- Curries
- Desserts
- Confectionery

PARAMETER	SPECIFICATION
Form	Homogeneous liquid
Fat	22 to 30%
Free fatty acids (FFA)	0.30% max
Appearance	Thick white cream
Shelf life	24 months
Packing	200 ml, 400 ml, 1 L, 5 L

PACK SIZES

200 ml · 400 ml · 1 L · 5 L



04 COCONUT OILS

Virgin Coconut Oil (VCO)

A clear, pure coconut oil for food, cosmetic and nutraceutical use.

0.20%
FFA MAX

12
MONTHS SHELF LIFE

APPLICATIONS

- Cooking
- Cosmetics
- Nutraceuticals

PARAMETER	SPECIFICATION
Form	Liquid
Moisture	0.10% max
Free fatty acids (FFA)	0.20% max
Appearance	Crystal clear, colourless to light yellow
Shelf life	12 months
Packing	250 ml, 500 ml, 1 L, 5 L, 20 L

PACK SIZES

250 ml · 500 ml · 1 L · 5 L · 20 L

04 COCONUT OILS

White Coconut Oil

RBD COCONUT OIL

Refined, bleached and deodorised coconut oil for cooking and food manufacturing.



0.10%
FFA MAX

12
MONTHS SHELF LIFE

APPLICATIONS

- Cooking
- Frying
- Food manufacturing

PARAMETER	SPECIFICATION
Form	Liquid
Moisture	0.10% max
Free fatty acids (FFA)	0.10% max
Appearance	Clear, pale yellow
Shelf life	12 months
Packing	500 ml, 1 L, 5 L, 20 L, 200 L

PACK SIZES

500 ml · 1 L · 5 L · 20 L · 200 L

05 COCONUT INGREDIENTS

Coconut Flour and Coconut Sugar



Coconut Flour



Coconut Sugar

PARAMETER	COCONUT FLOUR	COCONUT SUGAR
Form	80 to 100 mesh powder	Fine granules, 20 to 40 mesh
Fat	10 to 15%	Not applicable
Moisture	5.0% max	2.0% max
Free fatty acids (FFA)	0.50% max	Not applicable
Appearance	White to cream powder	Golden brown crystals
Shelf life	12 months	12 months
Packing	1 kg, 10 kg, 25 kg	500 g, 1 kg, 25 kg

Coconut Flour

Flour for gluten-free baking and health foods.

Coconut Sugar

Sugar as a natural sweetener in bakery and beverages.

05 COCONUT INGREDIENTS

Coconut Syrup



Coconut Syrup (Coconut Honey)

A thick, dark golden syrup with natural sweetness.

25%
MOISTURE MAX

12
MONTHS SHELF LIFE

PARAMETER	COCONUT SYRUP (COCONUT HONEY)
Form	Thick syrup
Fat	Not applicable
Moisture	25% max
Free fatty acids (FFA)	Not applicable
Appearance	Dark golden brown
Shelf life	12 months
Packing	250 ml, 500 ml, 1 L, 5 L

Coconut Syrup

Syrup as a natural sweetener in bakery and beverages.

06 CUSTOM AND PRIVATE LABEL

Custom Specifications and Private Label

Made to your requirements

Don't see exactly what you need? We can consider custom specifications to suit your product and market.



Custom grades and cuts.

A particle size or cut made to your specification.

Pack sizes.

From 250 g retail packs to 50 kg bulk bags, and liquids from 200 ml to 200 L.

Private label.

Your brand on our product, packed at our mill.

Share your specification with our export team, and we will confirm what we can supply.

PAGE 16

07 QUALITY AND DOCUMENTS

Quality and Export Documents

Certified food safety

CERTIFICATION	ISSUED BY
ISO 22000	Sri Lanka Standards Institution (SLSI)
HACCP	Sri Lanka Standards Institution (SLSI)
GMP	Sri Lanka Standards Institution (SLSI)
EU Organic	Control Union
USDA NOP Organic	Control Union
Coconut products manufacturer registration	Coconut Development Authority (CDA)





Traceable, lot by lot

Every bag carries a lot number linked to its production records and to the estate or supplier the coconuts came from. We keep full traceability, recall and mock recall records.

Export documents we provide

- Commercial invoice
- Packing list
- Bill of lading
- Certificate of origin
- Certificate of Analysis (CoA)
- Phytosanitary certificate
- Health certificate
- Fumigation certificate
- Insurance certificate
- Customs declaration (CUSDEC)

08 ORDERING AND CONTACT

Ordering and Contact

How to order

01
Send an enquiry.
Tell us the product, grade, volume and destination.

02
Receive a sample and specification.
Test it in your own production.

03
Confirm your order.
We ship 2 to 3 weeks from confirmation.

ORDERING ESSENTIALS	SPECIFICATION
Minimum order	1,000 kg
Lead time	2 to 3 weeks from order confirmation
20 ft container	Up to 20 metric tonnes
40 ft container	Up to 27 metric tonnes
Shipping terms	FOB Colombo, CIF, C&F, DDP
Port of loading	Colombo, Sri Lanka



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